# North Country Coach Recovery Coach Academy

Learn how to coach

# your peers in recovery

## 4-Day Training

December 4-5 & 11-12

8:15AM-5:15PM Each Day





#### **LOCATION**

North Country Health Consoritum 262 Cottage St. Suite 230 Littleton, NH 03561

#### YOU'LL BE ABLE TO:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Describe the Stages of Change and its applications
- Build skills to enhance relationships
- Increase awareness of culture, power and privilege
- Address ethical and boundary issues
- Experience recovery wellness planning
- Understand the Stages of Recovery
- Practice newly acquired skills

#### Charge: \$50 per person

\*Scholarships available, see registration link for details

### **REGISTER TODAY!**

#### http://bit.ly/Dec2019RCA

#### Questions?

Call Heidi Ballentine (603) 259-1744

Hosted by:



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This course is pre-approved for 30CEs by the Connecticut Certification Board. NH Board of Alcohol and other Drug Abuse Counselors Professional Practice Categories of Competence: 4, 5, 7, 12, 13, 15 & 18. Performance Domains IV & V Peer Recovery Domains I,II,III, & IV. CRSW: Ethics (4 hours), Performance Domains 1-4, LADC/MLADC Categories of Competence: 18 This workshop meets the CPS Educational Domains: 6

Leading innovative collaboration to improve the health status of Northern New Hampshire.

603-259-3700

NCHCNH.org