



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

# MENTAL HEALTH FIRST AID

August 29th, 8:30am-3pm



zoom

## Identify. Understand. Respond.

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues.

**Registration Deadline: August 15th**

*\*To participate, registrants must complete a 2 hour self study by August 25th. Only those that have completed the self study will qualify to take the training.*

To Register



<https://nchcnh.info/MHFA-August2022>



This training is open to community, family members, providers, administration support at healthcare practices, and community based organizations.

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For event information, contact:

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For continuing education credits, contact:

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