

# 2019 TRAINING SCHEDULE

**FREE, INTRODUCTORY LEVEL**, workshops designed for people working in any helping profession, whose daily work encounters/engages people with substance use disorders.



***Specific clinical, evidence-based practices are not covered.***

*For advanced training & additional topics visit the NH Training Institute on Addictive Disorders:*

*<http://www.nhadaca.org/training-events/> or call 603-225-7060*



## Initial Training on Addiction & Recovery

This **INTRODUCTORY** workshop on addiction and recovery is designed to raise awareness and understanding of the dynamics and impact of addiction on people whom we serve. It will cover the neurological basis of addiction; mental, behavioral, emotional and spiritual dimensions; stages of change; recovery; motivational techniques and resources. ***This course is pre-approved for 6 CEUs.***

### Learning Objectives

- Describe the neurological process of addiction
- Explain how addiction manifests in various aspects of the whole person (mental, physical, emotional, spiritual)
- Identify the 5 stages of change
- Match intervention strategies to stages
- Access appropriate resources for addressing alcohol and other drug concerns

**Time:**  
8:30 am—4 pm  
*1 hr. lunch "on your own"*

DATE	LOCATION
February 13	PH Auditorium
May 8	PH Auditorium
August 28	PH Auditorium
November 6	PH Auditorium

## Families & Addiction

This **INTRODUCTORY** workshop explores how the addiction of the individual affects the entire family system. Special attention will be paid to the effects on the children in the family and discussion will center on strategies and resources to help increase their resiliency and coping skills. ***This course is pre-approved for 3 CEUs.***

### Learning Objectives

- Describe the effects of addiction on the family
- Recognize roles within a family with addiction
- Identify strengths and needs associated with particular behavioral patterns of children in families with addiction
- Make appropriate interventions and referrals to community-based resources

*Participants are **strongly encouraged** to attend the "Initial Training on Addiction & Recovery" **prior to taking** the Families & Addiction workshop.*

Time:	DATE	LOCATION
8:30 am—Noon	February 14	PH Auditorium
	May 9	PH Auditorium
	August 29	PH Auditorium
	November 7	PH Auditorium

**LOCATION:**  
**PUBLIC HEALTH (PH)**  
**Auditorium**  
Div. of Public Health Bldg.  
29 Hazen Dr.  
Concord, NH

These are  
**INTRODUCTORY LEVEL**  
workshops.  
Specific clinical and  
evidence-based  
practices are  
not covered.

**Pre-registration is required as seating is limited.**

To register, or for more information, please contact

**Shannon Quinn**

**Phone: 603-271-5889**

**E-mail: [AODTrainingCoordinator@dhhs.nh.gov](mailto:AODTrainingCoordinator@dhhs.nh.gov)**

*Pre-approved continuing education credits through the NH Board of Licensing for Alcohol and Other Drug Use Professionals, the NH Prevention Certification Board, and the Collaborative of NASW-MA Boston College and Simmons College Schools of Social Work are included at no cost.*

**The same training is offered 4x per year.**

**Please choose 1 date for each training when registering.**

If accommodations are needed for communication access such as interpreters, CART (captioning), assistive listening devices, or other auxiliary aids and/or services, please contact Shannon Quinn (contact info above).

**5 business days advance notice** is requested in order to assure availability; requests made fewer than 5 days prior to the event will attempt to be accommodated, but cannot be guaranteed.

**Recovery is possible...**

*Hope is essential!*

The mission of the NH Department of Health & Human Services, Bureau of Drug & Alcohol Services is:

*To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.*

**If you or someone you know is struggling, help is available.**

## **General Information:**

Any individual (*not in crisis*), family member, health or social service provider looking for general information on substance use disorders services.

call 211

or visit: **NH Treatment Locator:** <http://nhtreatment.org/>

## **Crisis:**

Any individual, family member, health or social service provider calling for substance use disorders services for an individual that is experiencing alcohol, drug use or addiction-related crisis.

**NH Addiction Statewide Crisis Line  
1-844-711-HELP (4357)**

## **Family Support:**

If you are concerned about a family member's substance use, you are not alone. Family support groups are available.

<http://nhal-anon.org/>

<http://nh4youth.org/families-youth/family-support-groups-substance-use-issues>