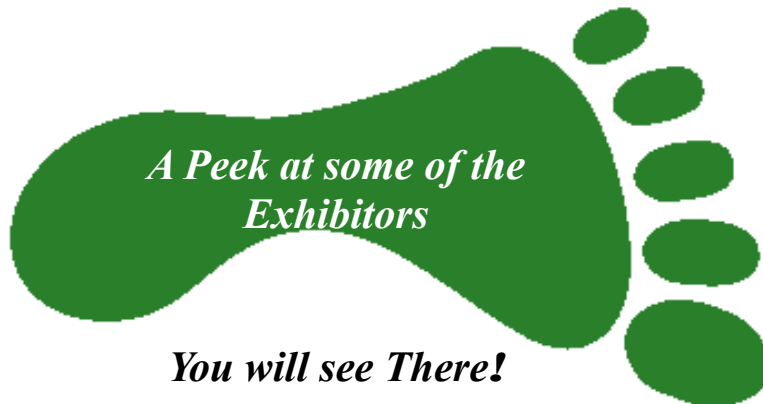


**Mud Season
Nursing Symposium**
March 26 & 27, 2010



- *Keene Medical Products, Inc*
- *New England Emergency Response Systems*
- *New England Organ Bank*
- *Uniformly Yours, Inc.*

Mud Season Nursing Symposium 2010

Pursuing Excellence in Nursing

18th Annual Mud Season Nursing Symposium

March 26 & 27, 2010

The Grand Summit Hotel and Conference Center
Attitash Bear Peak, Bartlett, NH



Sponsored by:

Androscoggin Valley Home Care Services
Franklin Regional Hospital
Huggins Hospital
Lakes Region General Hospital
Littleton Regional Hospital
North Country Health Consortium
North Country Home Health & Hospice
Northern New Hampshire Area Health Education Center
Speare Memorial Hospital
Upper Connecticut Valley Hospital Association, Inc.
Vermont Technical College - Technology Extension Division

Welcome to ...

18th Annual Mud Season Nursing Symposium March 26 & 27, 2010

Purpose and Goals

Purpose:

The purpose of the annual Mud Season Symposium is to promote excellence in professional nursing practice and in patient care by bringing quality continuing education to Northern New Hampshire. Themes and topics are determined by previous evaluation results, current evidence based research and practice, and input from the planning committee which consists of nurse educators from North Country Hospitals.

Goals:

- To obtain up to date information on a variety of nursing topics
- To learn new skills that will enhance individual nursing practice
- To enlighten and rejuvenate one's current practice by networking with colleagues and exhibitors and to return home with a renewed sense of purpose and dedication

Who Should Attend

Nurses and Nurse Practitioners from all practice settings.

Nursing Contact Hours

"Northern NH Area Health Education Center is an approved provider of continuing nursing education by New Hampshire Nurses' Association's Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

This continuing education activity has been **approved for up to 12 contact hours.**

Faculty Disclosure

Northern New Hampshire AHEC relies upon its faculty to provide information in a manner that is objective and as free from bias as possible. Instructors disclose all commercial relationships relative to the content of their presentation.



Hotel Registration & Info Attitash Grand Summit Hotel and Conference Center

Route 302
Bartlett, NH 03812
(603) 374-1900
1-888-554-1900
www.attitash.com

Please call hotel directly for reservations. To guarantee room availability and rates, reservations must be made by March 10, 2010. Please identify yourself as a Mud Season Nursing Symposium Conference attendee to obtain the special rates listed below (room rates do not include taxes).

Standard room is \$99.00 per night
One bedroom suite is \$119.99
One bedroom w/ loft suite is \$139.00

*Rates include use of indoor health spa, heated pool, saunas, weight room, Jacuzzi, and hiking trails

Please Contact Hotel for Directions

Downhill skiing lift ticket available at the special rate of \$49.00 (Friday); \$55 (Saturday) weather and snow permitting. Special off season rates may apply ~ inquire at the front desk.

- Please Dress in Layers -

Some classrooms can be either too cold or too hot for personal comfort. Best solution...dress comfortably in layers.

Mud Season Nursing Symposium

Registration Form



Register by sending this form with payment to:
North Country Health Consortium
7 Main Street, Suite 7
Whitefield, NH 03598

- **Space is limited—register early!**
- **Register before March 10th to avoid late fee.**
- **Fee includes program, lunch and refreshments!**

Registration fees **BEFORE** March 10th

\$170 for one day or \$245 for two days.

Registration fees **AFTER** March 10th

\$185 for one day or \$260 for two days

I will be attending: **Friday** **Saturday** **Both Days**

Special dietary needs _____

Name _____ ARNP RN LPN Other _____

Employer _____

Mailing Address _____
_____ Home Work

Home Phone _____ Work Phone _____

Email (required for confirmation) _____

Check Enclosed # _____ (Made payable to NCHC)

Space is limited for each session, please indicate your preference by numbering your first (1) and second (2) choice of topic per time frame.

Friday, March 26, 2010

10:30 am - 11:45 am

___ Dementia, Delirium or Depression

___ Diabetes and Oral Health

___ Domestic Abuse

1:00 pm - 2:15 pm

___ Outstanding Service

___ Pharmaceutical Diversion

___ "Hard Questions"

Saturday, March 27, 2010

10:30 am - 11:45 am

___ Asthma 2010

___ Emergency Preparedness

___ Healing Expectations

1:00 pm - 2:15 pm

___ Assessment & Treatment

___ Infusion Therapy

___ Hypertension and Hyperlipidemia

Cancellations made before March 10, 2010 will receive a 90% refund.

No refunds after March 10, 2010 including nonattendees.

Brochures can also be found on our website: www.nchcnh.org

Questions? Call Kate McCosham at (603) 837-2643 ext 231 or by email at kmccosham@nchcnh.org.

Friday, March 26, 2010

7:45 am - 8:15 am **REGISTRATION, CONTINENTAL BREAKFAST, EXHIBITS**

8:15 am - 8:30 am **WELCOME**

8:30 am - 10:00 am **KEYNOTE: Relational Intelligence: A Critical Element to Your Success**

Del Gilbert, MBA, Certified Master Trainer

Mr. Gilbert is Chief Learning Officer at St. Joseph Hospital in Nashua, NH where he is a Certified Leadership Coach and a Certified Master Trainer. He is widely known for his wisdom and expertise in the areas of professional, and personal performance. He provides clarity of insight and practical application whether speaking, training, or coaching. He delivers nearly 100 workshops and presentations annually. His workshops are known for their practical, real life application. His unique style enables him to connect with the audience on a personal level.

10:00 am - 10:30 am **BREAK, EXHIBITS**

10:30 am - 11:45 am **CONCURRENT SESSIONS (indicate first and second choice)**

- **Confusion: Is It Dementia, Delirium or Depression?**
Brenda L. Jordan, MS, APRN, ACHPN-BC
- **Diabetes and Oral Health**
Kris Ferullo, RN, BSN, CDE & Denise Bailey, RDH
- **Domestic Abuse - Early Legal Intervention for Better Health Outcomes**
Brenda Golden Hallisey, J.D. & Donna Cummings, Director of Response

11:45 am - 1:00 pm **LUNCH, EXHIBITS, POSTER PRESENTATIONS***

1:00 pm - 2:15 pm **CONCURRENT SESSIONS (indicate first and second choice)**

- **Providing Even More Outstanding Service**
Sheila Mills - Mills Consulting
- **Pharmaceutical Diversion: Current Issues & What to be Aware Of**
Peter Grasso, R.Ph. - NH Board of Pharmacy (Chief Compliance Investigator-ret.)
- **“Hard Questions” Efficiently Addressing Parents’ Vaccine Concerns ~ Also the new vaccines and school requirements.**
Cynthia Watts, RN, NH Immunization Program

2:15 pm - 2:30 pm **BREAK, EXHIBITS, POSTER PRESENTATIONS***

2:30 pm - 4:00 pm **GENERAL SESSION: “Just Stab Me...” - Reclaiming Joy at Work**

Carol Buchdahl, RN, MA

Ms. Buchdahl has been consulting for business and industry over the past ten years as an organizational educator, trainer and curricula developer. Her areas of expertise are in Leadership and Executive Performance, Teamwork, Change Management, and Creativity and Innovation. She is a Certified Trainer of Malcolm Baldrige Quality Concepts for use in Business and a certified Career Development Facilitator.

4:00 pm - 5:00 pm **POSTER PRESENTATIONS***

- * Back again this year, it's the Sixth Annual Poster Presentation Session!
Posters will be available Friday afternoon from 12:00pm until 5:00pm.
One nursing contact hour will be awarded for this activity.

Saturday, March 27, 2010

7:45 am - 8:15 am **REGISTRATION, CONTINENTAL BREAKFAST, EXHIBITS**

8:15 am - 8:30 am **WELCOME**

8:30 am - 10:00 am **GENERAL SESSION: Post Traumatic Stress Disorder & the Treatment of Soldiers Returning from Deployment**

Major Jess A. Calohan, PHMNP-BC

Major Calohan currently serves in the Army Nurse Corps of the United States Army. He is the Assistant Chief for the Department of Psychiatry and Chief of the Outpatient Psychiatry Clinic at the Madigan Army Medical Center in Fort Lewis Washington. He supervises and provides psychiatric care to soldiers, family members, and retirees. He has been stationed overseas multiple times.

10:00 am - 10:30 am **BREAK, EXHIBITS**

10:30 am - 11:45 am **CONCURRENT SESSIONS (indicate first and second choice)**

- **Asthma 2010: Latest in Diagnostic and Treatment Options**
Wendy L. Wright, MS, APRN, FNP, FAANP
- **Emergency Preparedness: Collaborating with Your Community**
Carol Tubman, RN - Director Emergency Services, Huggins Hospital
- **Healing Expectations: Changing the Model of Health Care**
Linda Haltinner, DC - Medical Director, Sojourns Community Health Clinic
A multidisciplinary, integrated, holistic clinic.

11:45 am - 1:00 pm **LUNCH, EXHIBITS, EXHIBITOR RAFFLES**

1:00 pm - 2:15 pm **CONCURRENT SESSIONS (indicate first and second choice)**

- **Assessment & Treatment Strategies for the Medical/Psych Patient in the Acute Care Setting**
Sara Gilbert, RN, CEN, MACP
- **Infusion Therapy Marches into a New Decade**
Gweneth E. Cole, RN, CRNI - Infusion Therapy Educational Consultant
- **Latest in the Management and Treatment of Hypertension and Hyperlipidemia**
Wendy L. Wright, MS, APRN, FNP, FAANP

2:15 pm - 2:30 pm **BREAK**

2:30 pm - 4:00 pm **END NOTE: Life is Crazy So We Might As Well Laugh**

Edward Latham, RN, FNGNA, CCNC-C

Mr. Latham serves as the Coordinator of Dynamic Solutions at St. Mary's d'Youville Pavilion in Lewiston, Maine. He is responsible for employee retention efforts and guiding the culture change. He is a past president of the National Gerontological Nursing Association and was named a fellow in 2003. He has written for "New Horizons" and has served as a section editor for Geriatric Nursing.



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