

Live, Learn, Play

In the Plymouth Area



Welcome to the North Country! We're delighted to have you join our community and value your interest in serving the residences of the Plymouth area. An integral part of **Live, Learn, Play in Northern New Hampshire** is to help foster a meaningful North Country experience for you. We believe that this can be facilitated through excellent clinical sites and the community service project component of this program. Before selecting a site and specific project, you may wish to know a bit about the community in which you'll live to help improve your understanding of the area and its people. Below is a brief description of the Plymouth Area.



About Plymouth

The town of Plymouth is the geographic center of New Hampshire, located between the lakes and the mountains. To the north is Rumney and Campton, to the east is Holderness and Ashland, to the south is Bridgewater and Hebron, and to the west is Groton. Plymouth's only village is West Plymouth.

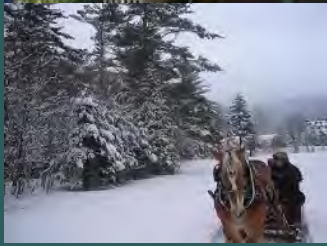
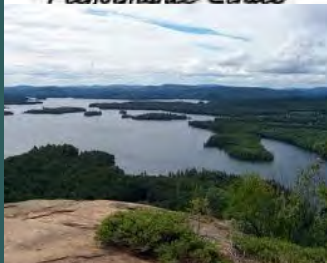
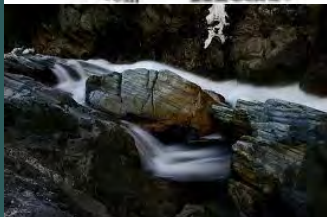
Years ago the buck glove industry was the mainstay of Plymouth industries, along with logging and farming. The Draper and Maynard Company enjoyed the wide reputation as manufacturers of sporting goods and sport equipment. Babe Ruth of the Boston Red Sox paid a personal visit to the company in the 1930s when the factory was in its heyday. The snow trains used to carry hundreds of skiers coming to the White Mountains from Boston and other cities. Stopping off in Plymouth, they could find lodging at various hotels and inns. Plymouth is also home to Plymouth State University, formally The Plymouth Normal School, the first teacher's college in New Hampshire. The top employers in the Plymouth area are now, Plymouth State University, Spere Memorial Hospital, NH Electric Cooperative, Plymouth Regional High School and Elementary School and Hannaford Brothers.

Plymouth's public school system includes one elementary school and high school. The *Record Enterprise* is the local newspaper. The local radio stations are WPCR-91.7FM and WPNH-100.1FM.

For more information please visit www.plymouthnh.org or www.plymouth-nh.org

Towns in the Plymouth Area include, Alexandria, Ashland, Bridgewater, Bristol, Campton, Hebron, Holderness, Lincoln, Plymouth, Rumney, Thornton, Waterville Valley, Wentworth and Woodstock

What to See in the Plymouth Area



Plymouth: As college town, Plymouth has a vibrant main street and a multitude of activities for young people. While in town experience a Pemi-Baker River Adventure, hike to Livermore Gorge or Ski Tenny Mountain. Don't forget to visit The Common Man Restaurants throughout the Plymouth region to get a taste of NH and the Flying Monkey Movie house & Performance Center!



Alexandria: This small rural village is located within the Pemigewasset River Watershed. Visit Cardigan Mountain Orchard and go apple picking. Don't forget to pick up sweet cider, homemade jams, apple butter and much more.

Bridgewater/Bristol: These small rural communities are the Gateway to Newfound Lake. Bristol contains the largest public beach on Newfound and Wellington State Park.



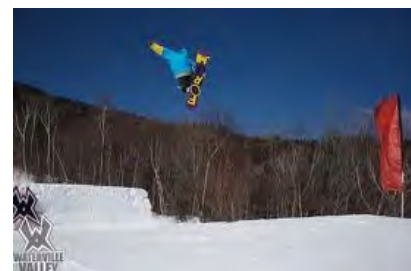
Holderness: Squam Lake and the Squam Lakes Natural Science Center can be found in Holderness. Through spectacular live animal exhibits, natural science education programs and lake cruises, Squam Lakes Science Center has educated and enlightened visitors for over forty years about our natural world!

Lincoln: Lincoln is home to Loon Mountain Resort, one of New England's most accessible mountain resorts, with 56 trails, 7 tree skiing areas and 7 award-winning terrain parks. They're also home to the Adventure Center with cross country skiing, snowshoeing, ice skating, indoor climbing and a day/night tubing center. During the summer and fall, Loon features NH's longest scenic gondola skyride, horseback riding, bungee trampoline, mountain bike rentals and tours. While in Lincoln don't forget to visit Clark's Trading Post and see the Indian Head rock formation!



Rumney: Rumney is home to the Polar Caves, these caves were formed about fifty thousand years ago as the third continental glacier descended over New Hampshire's White Mountains. When the ice retreated, it left behind an amazing series of caves and passageways for visitors to explore. Self-guided tours take you to the rock garden, nature trails and through the caves!

Waterville Valley: Waterville Valley is a historic town surrounded by 700,000 acres of national forest. Today, it's also a full-featured resort with skiing, golf, tennis, skateboarding, ice skating, hiking, biking and cultural activities that range from bluegrass festivals to Shakespeare-under-the-stars.



WiFi and Cell Phone Coverage in the Plymouth Area

Free Wifi/Computer Access

Lucky Dog Tavern & Grill: 53 South Main St. Plymouth. Free Wi-Fi Access.
Café Monte Alto: 83 Main St. Plymouth. Free Wi-Fi Access.
Mark's Speakeasy Café: 70 A Main St. Plymouth. Free Wi-Fi Access.
McDonald's: 291 Main St. Plymouth. Free Wi-Fi Access.
Common Man, Foster's Boiler Room: 231 Main St. Plymouth. Free Wi-Fi Access.
Biederman's Deli: 83 Main St. Plymouth. Free Wi-Fi Access.
Red Roof and Suites: 304 Main St. Plymouth. Free Wi-Fi Access.
Unmundane Arts Bread Bakery: 1166 NH Route 175 Campton. Free Wi-Fi Access.
Pease Public Library: 1 Russell St. Plymouth. Free Computer Access for Residents.
Lincoln Public Library: 22 Church St. Lincoln. Free Wi-Fi and Computer Access.

Cell Phone Coverage

Plymouth: 3G Cell Phone Coverage
Ashland: Coverage in Town
Bristol: Coverage in Town
New Hampton: Coverage in Town
Holderness: Coverage in Town
Lincoln: Coverage in Town.
Woodstock: Coverage in Town
Campton: Coverage in Town
Waterville Valley: Coverage in Town
Hebron: Coverage in Town

Where to Eat in Plymouth Area

Breakfast

Annie's Overflow Restaurant
Rt. 175 Holderness

Breakfast/Lunch/Dinner

Main Street Station
105 Main St. Plymouth
Plain Jane's Diner
897 Rt. 25 Rumney

Lunch

Common Man Express
Ashland Mobil Station, 162 N Main St. Ashland

Lunch/Dinner

Six Burner Bistro
13 Main St. Plymouth

Biederman's Deli
83 Main St. Plymouth

College Town Pizza & Subs
174 Main St. Plymouth

Plymouth House of Pizza
45 Main St. Plymouth

Common Man

Located in Lincoln, Plymouth and Ashland

Italian Farmhouse

337 Daniel Webster Hwy Plymouth

Lucky Dog Tavern & Grill
52 South Main St. Plymouth

Mandarin Taste

51 South Main St. Plymouth

Mark's Speakeasy Café
70 A Main St. Plymouth

Georges Seafood & BBQ

588 Tenny Mountain Hwy Plymouth

Thai Smile Restaurant

135 Main St. Plymouth

Where to Shop in the Plymouth Area

Grocery Stores

Peppercorn Natural Foods
43 Main St. Plymouth

Hannaford Supermarket
Route 25 Plymouth

Walmart
683 Tenny Mountain Hwy Plymouth

Farmer's Markets

Plymouth Community Farmer's Market
263 Highland St. Plymouth

Markets

Shur-Fine Market
52 S Main St. Ashland

Chase St. Market
83 Main St. Plymouth

Tenny Mountain Country Store
312 Mayhew Turnpike Plymouth

Quincy Produce
Tenny Mountain Hwy Plymouth

Holderness General Store
863 Rt. 3 Holderness

Hebron Village Store

7 North Shore Rd. Hebron

Pharmacies

Rite Aid
6 Main St. Plymouth

Hannaford Supermarket
Route 25 Plymouth

Walmart
683 Tenny Mountain Hwy Plymouth

The Plymouth Area

