Mud Season
Nursing Symposium
March 25 & 26, 2011

A Peek at some of the Exhibitors and Sponsors
You will see There!
- Franklin Regional Hospital
- Lakes Region General Hospital
- Littleton Regional Hospital
- McAuley Medical, Inc.
- Memorial Hospital
- National Network of Libraries of Medicine
- New England College
- New England Emergency Response Systems Inc
- NH Nurses’ Association
- North Country Health Consortium
- Northern NH AHEC
- Rivier College
- Speare Memorial Hospital

Pursuing Excellence in Nursing
Purpose and Goals

Purpose:
The purpose of the annual Mud Season Symposium is to promote excellence in professional nursing practice and in patient care by bringing quality continuing education to Northern New Hampshire. Themes and topics are determined by previous evaluation results, current evidence based research and practice, and input from the planning committee which consists of nurse educators from North Country and Central NH hospitals.

Goals:
- To obtain up to date information on a variety of nursing topics
- To learn new skills that will enhance individual nursing practice
- To enlighten and rejuvenate one’s current practice by networking with colleagues and exhibitors and to return home with a renewed sense of purpose and dedication

Who Should Attend
Nurses and Nurse Practitioners from all practice settings.

Nursing Contact Hours
“Northern NH Area Health Education Center is an approved provider of continuing nursing education by New Hampshire Nurses’ Association’s Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.”

This continuing education activity has been approved for up to 12 contact hours.

Faculty Disclosure
Northern New Hampshire AHEC relies upon its faculty to provide information in a manner that is objective and as free from bias as possible. Instructors disclose all commercial relationships relative to the content of their presentation.

Hotel Registration & Info
Attitash Grand Summit Hotel and Conference Center
Route 302
Bartlett, NH 03812
(603) 374-1900
1-888-554-1900
www.attitash.com

Please call hotel directly for reservations. To guarantee room availability and rates, reservations must be made by March 10, 2011. Please identify yourself as a Mud Season Nursing Symposium Conference attendee to obtain the special rates listed below (room rates do not include taxes).
- Standard room is $99.00 per night
- One bedroom suite is $119.99
- One bedroom w/ loft suite is $139.00
* Rates include use of indoor health spa, heated pool, saunas, weight room, Jacuzzi, and hiking trails

Please Contact Hotel for Directions
Downhill skiing lift ticket available at the special rate of $49.00 (Friday); $55 (Saturday) weather and snow permitting. Special off season rates may apply ~ inquire at the front desk.

Remember -
- Space is limited—register early!
- Register before March 10th to avoid late fee.
- Fee includes program, lunch and refreshments!

Paper copies of handouts will not be provided at the conference. Handouts will be available for free download on our website www.nchcnh.org and will be provided to you on a flash drive at the conference.

2011 Mud Season Nursing Symposium

Registration is from 7:45AM to 8:15 AM Friday and Saturday

- Please Dress in Layers -
Some classrooms can be either too cold or too hot for personal comfort. Best solution...dress comfortably in layers.
Friday, March 25, 2011

8:15 am - 8:30 am  WELCOME (Continental Breakfast / Vendors)

8:30 am - 10:00 am  KEYNOTE: Customer Service: Little Things Mean the Most
Wendy Wright, MS, RN, APRN, ACHPN-BC

10:30 am - 11:45 am  CONCURRENT SESSIONS (indicate first and second choice)
- Non-Pharmacologic Management of Behavioral Symptoms in Dementia
  Brenda L. Jordan, MS, APRN, ACHPN-BC
- Antibiotic Resistance: A Growing Concern
  Judy Ptak, RN, MSN
- Pediatric Asthma: Latest in Diagnostic and Treatment Options
  Wendy Wright, MS, RN, APRN, ACHPN-BC

1:00 pm - 2:15 pm  CONCURRENT SESSIONS (indicate first and second choice)
- Internet Pharmacy & Counterfeit Drugs: Impact on Patient Care Part 1
  Peter Grasso, R.Ph.
- My Teen is Allergic to School - Practical Strategies for Primary Care
  Viking A. Hedberg, MD, MPH
- Recurrent UTIs and Catheter Care: What You Need to Know
  Charlene Kreiensieck, PA-C

2:45 pm - 4:00 pm  CONCURRENT SESSIONS (indicate first and second choice)
- Prevention & Early Identification of Vascular Access Complications
  Rae Mello Andrews, RN-BC, BSN, MS
- Internet Pharmacy & Counterfeit Drugs: Impact on Patient Care Part 2
  Peter Grasso, R.Ph.
- Interacting with Autism in the Healthcare Setting
  Susan W. Scheinman, BS, BSN, RN

11:45 am - 1:00 pm & 4:00 pm - 5:00 pm  POSTER PRESENTATIONS

Saturday, March 26, 2011

8:30 am - 8:45 am  WELCOME (Continental Breakfast / Vendors)

8:45 am - 10:00 am  CONCURRENT SESSIONS (indicate first and second choice)
- Nurse's Critical Roles in Military Trauma Care in Afghanistan
  Samuel C. Aldridge, MD, Lt. Col MC/USAR
- The Lung Cancer Patient in 2011—Not the Marlboro Man
  Jeanne Griffin Vaughn, MSN, APRN, BC, AOCN
- Multiple Sclerosis: Current Trends in Treatment
  Christine St. Laurent, MSN, RN, MSCN

10:15 am - 11:30 am  CONCURRENT SESSIONS (indicate first and second choice)
- Fibromyalgia: A Pain Amplification Disorder and How We Can Help
  Lin A. Brown, MD
- The Power of One - How one tissue donor can help so many.
  Alberta Grunbeck, RN, CTBS
- Connect™ “Suicide Prevention and Intervention for the Healthcare Professional”
  Elaine de Mello, BS, MSW, LCSW and Becky McEnany, BA

12:30 pm - 1:45 pm  CONCURRENT SESSIONS (indicate first and second choice)
- Management of Youth Sports Concussion
  Stuart J. Glassman, MD, FAAPMR, MROCC, CIME, CIC
- Moderate Sedation for the Non Anesthesia Provider
  Tim Lyons, MD
- Traditional and Novel Diabetes Medications
  Mary E. Wood, RN, MS, CDE, BC-ADM

2:00 pm - 3:30 pm  END NOTE: The Future of Nursing
Margaret Franckhauser, RN, MS, MPH
# 2011 Mud Season Nursing Symposium

## Registration Form

Register by sending this form with payment to:
North Country Health Consortium
PO Box 348
Littleton, NH 03561

### Registration Fees

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I will be attending:  
- ___Friday  
- ___Saturday  
- ___Both Days  

(please check one)

Special dietary needs  

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Home Phone  

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Work Phone  

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Email (required for confirmation)  

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Check Enclosed # ______ (Made payable to NCHC)  

Organization/Individual Member:  

- □ Yes  
- □ No

Payment options may be available, please visit our website at [www.nchcnh.org](http://www.nchcnh.org)

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### Space is limited for each session, please indicate your preference by numbering your first (1) and second (2) choice of topic per time frame.

#### Friday, March 25, 2011

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### Cancellations

Made before March 10, 2011 will receive a 90% refund.

No refunds after March 10, 2011 including nonattendees.

Questions? Call Kate McCosham at (603) 837-2643 ext 231 or by email at kmccosham@nchcnh.org.

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Brochures can also be found on our website: [www.nchcnh.org](http://www.nchcnh.org)