

**Mud Season  
Nursing Symposium**  
March 25 & 26, 2011



19th Annual  
Mud Season  
Nursing Symposium

March 25 & 26, 2011

*A Peek at some of the Exhibitors and Sponsors  
You will see There!*

- *Franklin Regional Hospital*
- *Lakes Region General Hospital*
- *Littleton Regional Hospital*
- *McAuley Medical, Inc*
- *Memorial Hospital*
- *National Network of Libraries of Medicine*
- *New England College*
- *New England Emergency Response Systems Inc*
- *NH Nurses' Association*
- *North Country Health Consortium*
- *Northern NH AHEC*
- *Rivier College*
- *Spear Memorial Hospital*

*Pursuing Excellence in Nursing*

# 2011 Mud Season Nursing Symposium

## Purpose and Goals

### Purpose:

The purpose of the annual Mud Season Symposium is to promote excellence in professional nursing practice and in patient care by bringing quality continuing education to Northern New Hampshire. Themes and topics are determined by previous evaluation results, current evidence based research and practice, and input from the planning committee which consists of nurse educators from North Country and Central NH hospitals.

### Goals:

- To obtain up to date information on a variety of nursing topics
- To learn new skills that will enhance individual nursing practice
- To enlighten and rejuvenate one's current practice by networking with colleagues and exhibitors and to return home with a renewed sense of purpose and dedication

## Who Should Attend

Nurses and Nurse Practitioners from all practice settings.

## Nursing Contact Hours

“Northern NH Area Health Education Center is an approved provider of continuing nursing education by New Hampshire Nurses' Association's Commission on Continuing Education, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.”

This continuing education activity has been approved for **up to 12 contact hours**.

## Faculty Disclosure

Northern New Hampshire AHEC relies upon its faculty to provide information in a manner that is objective and as free from bias as possible. Instructors disclose all commercial relationships relative to the content of their presentation.

**Hotel Registration & Info**  
**Attitash Grand Summit Hotel and**  
**Conference Center**  
**Route 302**  
**Bartlett, NH 03812**  
**(603) 374-1900**  
**1-888-554-1900**  
**www.attitash.com**

Please call hotel directly for reservations. To guarantee room availability and rates, reservations must be made by March 10, 2011. Please identify yourself as a Mud Season Nursing Symposium Conference attendee to obtain the special rates listed below (room rates do not include taxes).

Standard room is \$99.00 per night  
One bedroom suite is \$119.99  
One bedroom w/ loft suite is \$139.00

\*Rates include use of indoor health spa, heated pool, saunas, weight room, Jacuzzi, and hiking trails

## Please Contact Hotel for Directions

Downhill skiing lift ticket available at the special rate of \$49.00 (Friday);

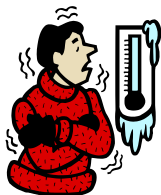
\$55 (Saturday) weather and snow permitting.

Special off season rates may apply ~ inquire at the front desk.

## Remember -

- **Space is limited—register early!**
- **Register before March 10th to avoid late fee.**
- **Fee includes program, lunch and refreshments!**

Paper copies of handouts will not be provided at the conference. Handouts will be available for free download on our website [www.nchcnh.org](http://www.nchcnh.org) and will be provided to you on a flash drive at the conference.



**- Please Dress in Layers -**

**Some classrooms can be either too cold or too hot for personal comfort.**

**Best solution...dress comfortably in layers.**



**REGISTRATION IS FROM 7:45AM TO 8:15 AM FRIDAY AND SATURDAY**

## Friday, March 25, 2011

- 8:15 am - 8:30 am **WELCOME (Continental Breakfast / Vendors)**
- 8:30 am - 10:00 am **KEYNOTE: Customer Service: Little Things Mean the Most**  
Wendy Wright, MS, RN, APRN, ACHPN-BC
- 10:30 am - 11:45 am **CONCURRENT SESSIONS (indicate first and second choice)**
- **Non-Pharmacologic Management of Behavioral Symptoms in Dementia**  
Brenda L. Jordan, MS, APRN, ACHPN-BC
  - **Antibiotic Resistance: A Growing Concern**  
Judy Ptak, RN, MSN
  - **Pediatric Asthma: Latest in Diagnostic and Treatment Options**  
Wendy Wright, MS, RN, APRN, ACHPN-BC
- 1:00 pm - 2:15 pm **CONCURRENT SESSIONS (indicate first and second choice)**
- **Internet Pharmacy & Counterfeit Drugs: Impact on Patient Care Part 1**  
Peter Grasso, R.Ph.
  - **My Teen is Allergic to School - Practical Strategies for Primary Care**  
Viking A. Hedberg, MD, MPH
  - **Recurrent UTIs and Catheter Care: What You Need to Know**  
Charlene Kreienseck, PA-C
- 2:45 pm - 4:00 pm **CONCURRENT SESSIONS (indicate first and second choice)**
- **Prevention & Early Identification of Vascular Access Complications**  
Rae Mello Andrews, RN-BC, BSN, MS
  - **Internet Pharmacy & Counterfeit Drugs: Impact on Patient Care Part 2**  
Peter Grasso, R.Ph.
  - **Interacting with Autism in the Healthcare Setting**  
Susan W. Scheinman, BS, BSN, RN
- 11:45am - 1:00pm & 4:00 pm - 5:00 pm **POSTER PRESENTATIONS**

## Saturday, March 26, 2011

- 8:30 am - 8:45 am **WELCOME (Continental Breakfast / Vendors)**
- 8:45 am - 10:00 am **CONCURRENT SESSIONS (indicate first and second choice)**
- **Nurse's Critical Roles in Military Trauma Care in Afghanistan**  
Samuel C. Aldridge, MD, Lt. Col MC/USAR
  - **The Lung Cancer Patient in 2011—Not the Marlboro Man**  
Jeanne Griffin Vaughn, MSN, APRN, BC, AOCN
  - **Multiple Sclerosis: Current Trends in Treatment**  
Christine St. Laurent, MSN, RN, MSCN
- 10:15 am - 11:30 am **CONCURRENT SESSIONS (indicate first and second choice)**
- **Fibromyalgia: A Pain Amplification Disorder and How We Can Help**  
Lin A. Brown, MD
  - **The Power of One - How one tissue donor can help so many.**  
Alberta Grunbeck, RN, CTBS
  - **Connect™ “Suicide Prevention and Intervention for the Healthcare Professional”**  
Elaine de Mello, BS, MSW, LCSW and Becky McEnany, BA
- 12:30 pm - 1:45 pm **CONCURRENT SESSIONS (indicate first and second choice)**
- **Management of Youth Sports Concussion**  
Stuart J. Glassman, MD, FAAPMR, MROCC, CIME, CIC
  - **Moderate Sedation for the Non Anesthesia Provider**  
Tim Lyons, MD
  - **Traditional and Novel Diabetes Medications**  
Mary E. Wood, RN, MS, CDE, BC-ADM
- 2:00 pm - 3:30 pm **END NOTE: The Future of Nursing**  
Margaret Franckhauser, RN, MS, MPH

# 2011 Mud Season Nursing Symposium

## Registration Form



Register by sending this form with payment to:  
North Country Health Consortium  
PO Box 348  
Littleton, NH 03561

### Registration fees **BEFORE** March 10th

One Day \$170; \$150 for NCHC Members  
Two Days \$245; \$225 for NCHC Members

### Registration fees **AFTER** March 10th

One Day \$185; \$165 for NCHC Members  
Two Days \$260; \$240 for NCHC Members

I will be attending: \_\_\_ **Friday** \_\_\_ **Saturday** \_\_\_ **Both Days** (please check one)

Special dietary needs \_\_\_\_\_

Name \_\_\_\_\_  APRN  RN  LPN  Other \_\_\_\_\_

Employer \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_  Home  Work

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Email (required for confirmation) \_\_\_\_\_

Check Enclosed # \_\_\_\_\_ (Made payable to NCHC) Organization/Individual Member:  Yes  No

Payment options may be available, please visit our website at [www.nchcnh.org](http://www.nchcnh.org)

**Space is limited for each session, please indicate your preference by numbering your first (1) and second (2) choice of topic per time frame.**

#### **Friday, March 25, 2011**

*10:30 am - 11:45 am*

- \_\_\_ Non-Pharmacologic Mgmt
- \_\_\_ Antibiotic Resistance
- \_\_\_ Pediatric Asthma

*1:00 pm - 2:15 pm*

- \_\_\_ Internet Pharmacy Pt 1
- \_\_\_ Allergic to School
- \_\_\_ Recurrent UTIs

*2:45 pm - 4:00 pm*

- \_\_\_ Vascular Access Complications
- \_\_\_ Internet Pharmacy Pt 2
- \_\_\_ Interacting with Autism

#### **Saturday, March 26, 2011**

*8:45 am - 10:00 am*

- \_\_\_ Military Trauma Care
- \_\_\_ The Lung Cancer Patient
- \_\_\_ Multiple Sclerosis

*10:15 am - 11:30 am*

- \_\_\_ Fibromyalgia
- \_\_\_ The Power of One
- \_\_\_ Suicide Prevention

*12:30 pm - 1:45 pm*

- \_\_\_ Youth Sports Concussion
- \_\_\_ Moderate Sedation
- \_\_\_ Diabetes Medications

**Cancellations** made before March 10, 2011 will receive a 90% refund.

**No refunds after March 10, 2011 including nonattendees.**

**Questions?** Call Kate McCosham at (603) 837-2643 ext 231 or by email at [kmccosham@nchcnh.org](mailto:kmccosham@nchcnh.org).

Brochures can also be found on our website: [www.nchcnh.org](http://www.nchcnh.org)