

**The Area Health Education Centers (AHECs) of Northeastern Vermont and Northern New Hampshire invite rural practitioners to attend a one-day symposium on rural health care**

The Rural Health Symposium is designed to provide an opportunity for rural practitioners to:

- **Discuss** collegially the challenges and rewards of daily work;
- **Identify** common problems in rural health care and share solutions and strategies for improvement;
- **Confer** with the experts on clinical updates and how they relate to rural practice;
- **Share** knowledge and experience with medical students and residents; and

**Celebrate** rural practice!

**Target Audience**

Primary Care Physicians  
Physician Assistants  
Nurse Practitioners  
Certified Nurse-Midwives



The Highland Center Lodge at Crawford Notch  
Route 302, Bretton Woods, NH

Appalachian Mountain Club's Highland Center at Crawford Notch is our newest four-season lodge and outdoor education center, offering a broad range of accommodations and walk-on programs, along with backdoor access to a variety of outdoor activities. With Bretton Woods Ski Area and the White Mountain National Forest nearby, the Highland Center is an ideal starting point for skiing, hiking, paddling, snowshoe treks, and longer backcountry trips in the White Mountains.

**Overnight accommodations are available**

by calling (800) 438-3017 and mentioning

“North Country Health Consortium”.

**4.5 CME Credits Available**

The Northern New Hampshire Area Health Education Center/North Country Health Consortium designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**14th ANNUAL RURAL HEALTH SYMPOSIUM**



***Successful Models of Health Care Delivery in Rural Communities***

**WEDNESDAY, MAY 1, 2013  
9:15 am - 4:00 pm**

at  
**Appalachian Mountain Club  
Highland Center at Crawford Notch  
Bretton Woods, New Hampshire**

Hosted by:

Northern NH Area Health Education Center  
Northeastern VT Area Health Education Center  
UVM College of Medicine  
NH Area Health Education Center  
The Dartmouth Institute for  
Health Policy and Clinical Practice



## FACULTY

**Matthew S. Duncan, MD**

Assistant Professor of Psychiatry  
Dartmouth Medical School

**Robin Fisk, JD**

Fisk Law Office  
Ashland, NH

**Amanda Kennedy, PharmD, BCPS**

UVM Associate Professor of Medicine  
Director, VT Academic Detailing Program

**Christopher L. Laurent, RN, MSN, CNS**

Family Nurse Practitioner  
Weeks Medical Center  
Captain, U.S. Navy (retired)

**Melanie Lawrence, MD**

Newbury Health Clinic, Newbury, VT  
Attending Physician, Cottage Hospital  
Adjunct Associate Professor  
Dartmouth Medical School

**Philip Lawson, MD**

Chief Quality Officer  
Ammonoosuc Community Health  
Services, Littleton, NH

**Charles MacLean, MD**

Associate Dean for Primary Care and  
Research Director. Area Health Education  
Center Program, University of Vermont  
College of Medicine

**Prema R. Menon, MD**

Pulmonary/Critical Care, Clinical Instructor  
University of VT/Fletcher Allen Health Care

**Richard Pinckney, MD, MPH**

UVM Associate Professor of Medicine

**Robert Primeau, MD**

Island Pond Health Center, Vermont

**Mary O. Ready, MD**

Hospitalist at NVRH, Concord Health  
Center, Vermont

## AGENDA

- 9:15 **Registration**
- 9:45 **Welcome and Introductions**
- 10:00 **Keynote:**  
**The Affordable Care Act and its effects on  
Rural Healthcare Delivery Systems**  
*Robin Fisk, JD*  
*Charles MacLean, MD*
- 11:00 **Break**
- 11:15 **Panel - Models of Multidisciplinary  
Teams; Charles MacLean, MD, Moderator**
- Melanie Lawrence, MD
  - Philip Lawson, MD
  - Christopher L. Laurent, RN, MSN, CNS
  - Robert Primeau, MD
- 12:15 **Lunch**
- 1:00 **SESSION I**
- A. Practical Approaches to Discontinuing  
Medications in Primary Care**  
*Amanda Kennedy, PharmD, BCPS*  
*Richard Pinckney, MD, MPH*
- B. Telemedicine as a Tool for Family  
Conferences at End of Life**  
*Prema R. Menon, MD*  
*Mary O. Ready, MD*
- C. Bipolar Disorder in Primary Care**  
*Matthew S. Duncan, MD*
- 2:15 **Break**
- 2:30 **SESSION II**  
**Repeat of Session I**
- 3:45 **Evaluations and Certificates**
- 4:00 **Participants are welcome to stay and hike**

## REGISTRATION FORM

### Rural Health Symposium Successful Models of Health Care Delivery in Rural Communities May 1, 2013

Name \_\_\_\_\_

Degree/Title \_\_\_\_\_

Employer \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

I have the following special dietary needs:  
\_\_\_\_\_

**Breakout Groups:** Please indicate your work-  
shop preference using the letters from the list.

Session I      A   B   C (circle one)

Session II      A   B   C (circle one)

*Buffet Lunch will be served.*

**Cost is \$35/person.**

**Checks payable to NCHC**

**Please send registration and payment  
by April 20 to:**

**North Country Health Consortium  
262 Cottage Street, Suite 230  
Littleton, NH 03561**

**For more information contact:**

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North Country Health Consortium  
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