

Project SUCCESS Training

**Schools * Using * Coordinated * Community * Efforts *
to Strengthen * Students**

November 5-6, 2014



**Location: AMC Highland Center,
Bretton Woods, NH**

Registration Cost: \$425

(Registration includes light breakfast, lunch, and daily snacks.)

Continuing Education Credits Available: 13.5

Project SUCCESS is considered a SAMHSA model program. It is a program that prevents and reduces adolescent substance use and abuse. It works by placing highly trained professionals (Project SUCCESS counselors) in the schools to provide a full range of substance abuse prevention and early intervention services.

How Project SUCCESS works:

Project SUCCESS is a research-based program that builds on interventions that are effective in reducing risk factors and enhancing protective factors. Project SUCCESS counselors use the following intervention strategies: information dissemination, normative and prevention education, problem identification and referral, community based process and environmental approaches. In addition, resistance and social competency skills, such as communication, decision making, stress and anger management, problem solving, and resisting peer pressure are taught.

The counselors primarily work with adolescents individually and in small groups; conduct large group prevention/education discussions and programs, train and consult on prevention issues with school staff; coordinate the substance abuse services and policies of the school and refer and follow-up with students and families needing substance abuse treatment or mental health services in the community.

Project SUCCESS Program Components:

- **Prevention Education Series** – An eight-session Alcohol, Tobacco, and Other Drug prevention program conducted by the Project SUCCESS Counselor.
- **Individual and Group Counseling** – PROJECT SUCCESS Counselors conduct time limited individual sessions and/or group counseling at school to students following participation in the Prevention Education Series and an individual assessment. There are seven different counseling groups for students to participate in.
- **Parent Programs** – PROJECT SUCCESS includes parents as collaborative partners in prevention through parent education programs.
- **Referral** - Students and parents who require treatment, more intensive counseling, or other services are referred to appropriate agencies or practitioners in the community by their PROJECT SUCCESS counselors.

The presenters for this Project SUCCESS training will be

Andrea Fallick, LCSW, CASAC, CPP

The presenter is affiliated with the Student Assistance Services Corporation in Tarrytown, New York.

For more information or to register, contact:

Bob Thompson

(603) 259-3704 ext. 244

bthompson@nchcnh.org

Project SUCCESS Training Agenda

Day 1:

9:00am to 4:30pm

- *Introductions, Overview of Schedule/Manuals, History and Philosophy of Program
- *Beginning the Program in the Schools
 - Developing relations with school personnel
 - Outreach to students and faculty
 - Meeting the community, community task forces, parents, task Forces
 - Networking with appropriate agencies & groups
- *Universal Non-Counseling Prevention and Education Activities
 - Special Days, Weeks, Months (The Great American Smokeout, National COA Week, Red Ribbon Campaign, etc.)
 - Leadership Activities (SADD, VAASA)
 - Newcomer Groups
- *Prevention Education Series
 - Goals, Logistics, Content
 - Role Play
 - Implementation Check List



Day 2:

8:00am to 3:00pm

- *Assessing and Motivating Students
 - Conducting a Comprehensive Individual Assessment
 - Different Strategies for Children of Substance Abusing Parents (COSAPs)
 - Criteria for In-patient/out-patient referral
 - Strategies for facilitating successful referrals
 - Motivating Substance Abusers and COSAPs
- *Group Theory as it Applies to Program Groups
- *Prevention Groups:
 - Assessment & Education; Seniors; Non-Users; Sibling
 - Intervention Groups: Abusers; Parents, Peers, Partying; Recovering students
- *Parent involvement
- *Intervention and Self Help
- *Children of Alcoholics and Other Substance Abusing Parents (COSAPs)
 - Characteristics
 - Service Options
 - Identification, Assessment, Engagement
 - Groups for COSAPs; using Alateen
 - When Parents Become Abstinent
- *Program Modifications and Program Fidelity
- *Program Management Techniques
 - Data Collection Logs, Monthly reporting forms, Evaluation
- *Questions and Wrap-up



Space is limited for this training. Please contact Bob Thompson to check for availability at (603) 259-3704 ext. 244 or bthompson@nchcnh.org.