

Live, Learn, Play in Northern NH

Community Service Project Guidelines

The community project is designed to be a community service experience outside the clinic setting. In the rural health service environment, community service becomes a way of life for many practitioners. For our program, community service means student involvement in community based activities that provide opportunities for reflective learning. Students should be able to reflect upon their leadership role in the community and connect their service role as a professional to their civic role within the community. Every student should actively explore their communities.

Community Service Project Requirements:

- ◆ Completion of a Community Service Project, outside of clinic time. The type of project will depend on a student's time, skills and passions.
- ◆ Through conversation with the program's Student Coordinator you should identify and design a project and broaden your community experience. Examples of projects: Work with northern NH's Youth Health Service Corps, research a health issue that impacts rural residents and present your findings at a health fair, visit a local school and talk to kids about why you chose to go into a health career, establish an anger management group at a local school etc. Projects can take anywhere from 8 hours– 20+ hours.
- ◆ Write a 3-4 page reflection or give a presentation, including:
 1. What the project was, the process to complete it and why you chose it.
 2. Highlights and outcomes.
 3. A reflection of how the project affected your views on your role as a health professional in a rural setting.
 4. A reflection of how the project impacted your rural rotation/internship experience and if it helped set this rotation/internship apart from other rotations/internships.