



Literacy and Numeracy: Strategies that count for improving care for diabetes patients

90-minute Webinar Recording

North Country Health Consortium, through funding support from the Community Health Access Network (CHAN), is providing access to this webinar free-of-charge. Please use the following to access this webinar: **Webinar Access Code: NG7TRP6X**

This webinar expires on: 4/6/2018

Program Overview

Health literacy and numeracy are vital for people with diabetes and is key to successful self-management of their condition and complications. Learn more about the techniques diabetes educators can use to assess literacy and strategies help patients overcome issues in these areas.

Program Purpose

Diabetes educators get a better understanding of health literacy and numeracy, and strategies to work around trouble areas. Be better prepared to communicate clearly and apply Universal Precautions when educating patients.

Activity Type:

This recording of an online presentation is a knowledge-based learning activity.

Learning Objectives

At the end of this presentation, the participant will be able to:

- Define literacy, health literacy, and numeracy and discuss the prevalence and impact of health literacy on health.
- Identify and be able to conduct an assessment of low/limited health literacy.
- Describe the purpose and components of Clear Communication.
- Discuss the important aspects of choosing and developing print materials for diabetes education.

Agenda

1. Definition of literacy, health literacy and numeracy
2. Description of prevalence and impact on health outcomes
3. Description of diabetes literacy and numeracy research

4. Description of some available literacy assessment tools
5. Description of the most user-friendly literacy assessment strategies
6. Description of Clear Communication skills
7. Define Universal Precautions as applied to literacy and patient education
8. Description of Suitability Assessment of Materials (SAM)
9. Description of and review of examples of ideal diabetes patient education materials
10. Q&A session

Continuing Education: Registered Nurses

The American Association of Diabetes Educators is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational program will provide 1.5 contact hours of continuing education credit.

AADE is accredited as a provider of continuing nursing education by the California Board of Registered Nursing (CEP # 10977).

AADE is an Iowa Board of Nursing approved provider, #366. For the Iowa BON, this program provides 1.5 contact hours or 0.18 CEUs (1 Contact Hour = 50 minutes).

Registered Dietitians

The American Association of Diabetes Educators, (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.5 continuing professional education units (CPEUs) for completion of this program. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

Registered Pharmacists

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 1.50 contact hours (0.150 CEU's) of continuing education credit.

ACPE Universal Program Number: 0069-0000-16-032-H01-P
Effective Dates: 4/6/2016 – 4/6/2018

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GO		<u>Monitoring: From Measuring to Mastering Management – Level 1 (SMBG001)</u> Not started	Completion Requirements: <input type="text"/> 0 of 4 required items completed.
GO		<u>Critical Clinical & Behavioral Issues (WEBC12CS04)</u> Not started	Completion Requirements: <input type="text"/> 0 of 6 required items completed.
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WORKING IN YOUR COURSE

Activities

✓ **Course Overview Info and Disclosures** 🔒

Coursework: Monitoring: From Measuring to Mastering Management

Estimated Time: 1:35

This is the body of your course - all five lessons for you to complete before

🔒 **Post-Learning Assessment: Monitoring – Level 1** 📝

Estimated Time: 20 minutes

Take this assessment AFTER you have completed all the coursework in the previous section. You will have three tries to pass this assessment with a better. There are 10 questions. You must get at least 7 correct to successfully complete the course and earn your CE credit.

🔒 **Monitoring Level 1 - Post-course Evaluation Survey** 🔒

Activities

✓ **Course Overview Info and Disclosures** 🔒

Coursework: Monitoring: From Measuring to Mastering Management – Level 1 📅

Estimated Time: 1:35

This is the body of your course - all five lessons for you to complete before you move on to the post-learning assessment.

🔒 **Post-Learning Assessment: Monitoring – Level 1** 📝

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🔒 **Monitoring Level 1 - Post-course Evaluation Survey** 🔒

4. Select the **ORANGE** Course Overview Info and then close the window by selecting large red **X** on top Right assessment.

(Notice the green check next to the Course Overview, once you have completed each section the check mark will appear)

5. Select the **Coursework** and your course will start.