## **Two Day Training For Middle And Elementary School Professionals**

Lodging available for two-day attendees

**Date: January 14th—15th** 

**Location: AMC Highland Center, Bretton Woods NH** 

**Registration Cost: Free** 



CHARITABLE FOUNDATION



NORTH COUNTRY HEALTH CONSORTIUM

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## Day 1 (Monday 1/14)- Kids in Prevention:

The first day of the training will instruct attendees in the implementation of the **Kids In Prevention (KIP)** program. The **KIP** model aims to change school climate by guiding middle school students as planners and leaders of a two day prevention-focused retreat for younger students (usually 4th and fifth grade).

<u>Objectives:</u> By the end of the training, attendees will have the skills and knowledge necessary to run a KIP retreat for students at their school. Participants will:

- Learn about the core components of the KIP retreat;
- Learn how to recruit Leadership Teams made up of middle school students;
- Learn how the KIP retreat is currently implemented in other North Country sites;
- Understand how to plan and implement a KIP retreat in their community.

<u>Presenter:</u> Jim Kinder has been the Director of the KIP Retreat at Haverhill Cooperative Middle School (K-8) since its inception in 1999. He is accomplished in areas of youth leadership development and providing the fundamentals of youth empowerment that instill in youth ways to be academically successful and socially involved in their communities.

## Day 2 (Tuesday 1/15)- Project Venture:

**Project Venture** is an outdoor experiential youth development program designed primarily for middle school students. It aims to develop the social and emotional competence that facilitates youths' resistance to alcohol, tobacco, and other drug use.

<u>Objectives:</u> By the end of the training, attendees will have the knowledge to create middle school Project Venture groups in their own school and fully implement the program. Participants will:

- Learn about the core components of Project Venture;
- Learn strategies for implementation;
- Discuss fidelity as related to implementation;
- Be introduced to experiential education, outdoor education and service learning as related to the Project Venture model;
- Participate in and learn about culturally relevant programming;
- Experience an evidence-based approach to group development;
- Learn how Project Venture is being implemented at other sites;
- Explore the implementation readiness of your community.

**Presenter: Sean O'Brien** currently serves as the North Country's Prevention Youth Council (PYC) Coordinator. As well as being a focal point for youth-focused prevention activities in the North Country Region, Mr. O'Brien has been through two 'Communities Mobilizing for Change on Alcohol' trainings with the Youth Leadership Institute and is a Certified Trainer of Project Venture.