



## **Guidelines for Medication Management of Type 2 Diabetes - 2016**

90-minute Webinar Recording

North Country Health Consortium, through funding support from the Community Health Access Network (CHAN), is providing access to this webinar free-of-charge. Please use the following to access this webinar:

**Webinar Access Code: LRP9J7L3**

***This webinar expires on: 5/20/2017***

### **Program Overview**

Get a look at the state of medications for Type 2 diabetes—with the role of the diabetes educator in mind.

### **Program Purpose**

The purpose of this activity is to enable the learner to differentiate between the different medications available and design a treatment plan to improve blood glucose control based on national guidelines for care of patients with type 2 diabetes.

### **Activity Type:**

This recording of an online presentation is a knowledge-based learning activity.

### **Learning Objectives**

At the end of this presentation, the participant will be able to:

- Summarize changes to recent national guidelines for care of patients with type 2 diabetes
- Identify the mechanism of action, efficacy, and place in therapy for each of the blood glucose lowering agents
- Describe a treatment plan to improve blood glucose control and lower A1c levels in patients with type 2 diabetes

### **Features**

- Review of the treatment algorithms from the ADA and AACE/ACE guidelines
- How each class of medications fits into the current treatment algorithms
- Review each medication class, including mechanism of action, how to initiate and titrate, monitoring parameters, efficacy and place in therapy to assist the diabetes educator in counseling patients on their medications
- Review each medication in detail, so that diabetes educator will be able to select a medication for their patient

based on patient specific characteristics, medication efficacy, and side effect profile.

- Monitoring parameters and goals of therapy
- Q&A answering key questions from attendees who attended the live session

## **Faculty**

### **Christie Schumacher, PharmD, BCPS, BC-ADM, CDE**

Associate Professor Pharmacy Practice  
Midwestern University Chicago College of Pharmacy  
Downers Grove, Illinois

Christie Schumacher is an associate professor at Midwestern University Chicago College of Pharmacy, where she is the course director for the diabetes elective, and lectures on various diabetes topics. She is also an active clinical pharmacist with Advocate Medical Group, where for the past seven years she has managed and adjusted medications for patients with diabetes.

## **Continuing Education:**

### **Registered Nurses**

The American Association of Diabetes Educators is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational program will provide 1.5 contact hours of continuing education credit.

AADE is accredited as a provider of continuing nursing education by the California Board of Registered Nursing (CEP # 10977).

AADE is an Iowa Board of Nursing approved provider, #366. For the Iowa BON, this program provides 1.5 contact hours or 0.18 CEUs (1 Contact Hour = 50 minutes).

### **Registered Dietitians**

The American Association of Diabetes Educators, (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.5 continuing professional education units (CPEUs) for completion of this program. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials.

### **Registered Pharmacists**

The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 1.50 contact hours (0.150 CEU's) of continuing education credit.

ACPE Universal Program Number: 0069-0000-16-050-H01-P

Effective Dates: 4/20/2016 – 4/20/2018

## **Faculty Disclosures**

It is the policy of the American Association of Diabetes Educators to require that anyone who has an opportunity to affect continuing education activities content (e.g. authors, presenters and program planners) with products or services from a commercial interest with which s/he has financial relationships, discloses those financial relationship/s with commercial entities to participants.

Disclosure of a relationship is not intended to suggest or condone bias in any presentation, but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

Relevant disclosures (or lack thereof) among educational activity faculty and planners are as follows:

- Christie Schumacher, PharmD, BCPS, BCACP, BC-ADM, CDE, has no relevant financial disclosures to report.
- Leslie Kolb, MBA, RN, BSN, AADE, Chicago, IL, has no relevant financial disclosures to report.
- Anne Willmore, AADE, Chicago, IL, has no relevant financial disclosures to report.

The approval of this educational offering by the AADE does not imply endorsement of specific therapies, treatments, or products discussed in the presentations.

# Please follow these instructions to access the AADE Learning Management System.

## HOW TO LOGIN TO LMS



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#### Enrollments

sort by: **Recent** Newest Title Status Close Date

	<u>Monitoring: From Measuring to Mastering Management – Level 1 (SMBG001)</u> Not started Completion Requirements: <input type="text"/> 0 of 4 required items completed.
	<u>Critical Clinical &amp; Behavioral Issues (WEBC12CS04)</u> Not started Completion Requirements: <input type="text"/> 0 of 6 required items completed.
	<u>Monitoring: From Measuring to Mastering Management – Level 3 (SMBG003)</u> Not started Completion Requirements: <input type="text"/> 0 of 4 required items completed.

3. Select GO next to the enrollment you wish to start

# Register with enrollment code

**ENROLLMENT CODE OPTION- to enroll in a course using an enrollment code**

**SCROLL down** to the bottom of that page. On the bottom-right, submit your **GE CODE**.

GE code entry (batch use only)

Submit

Use this only once when you enroll.  
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1. Paste your code in the box above.
2. Your learning activity will appear there in the ENROLLMENT list. Click the title to begin.

## WORKING IN YOUR COURSE

### Activities

✓ **Course Overview Info and Disclosures** 🔒

**Coursework: Monitoring: From Measuring to Mastering Management**

Estimated Time: 1:35

This is the body of your course - all five lessons for you to complete before

🔒 **Post-Learning Assessment: Monitoring – Level 1** 📝

Estimated Time: 20 minutes

Take this assessment AFTER you have completed all the coursework in the previous section. You will have three tries to pass this assessment with a better. There are 10 questions. You must get at least 7 correct to successfully complete the course and earn your CE credit.

🔒 **Monitoring Level 1 - Post-course Evaluation Survey** 🔒

### Activities

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Estimated Time: 1:35

This is the body of your course - all five lessons for you to complete before you move on to the post-learning assessment.

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🔒 **Monitoring Level 1 - Post-course Evaluation Survey** 🔒

4. Select the **ORANGE** Course Overview Info and then close the window by selecting large red **X** on top Right assessment.

(Notice the green check next to the Course Overview, once you have completed each section the check mark will appear)

5. Select the **Coursework** and your course will start.