

Eating Disorders Institute Graduate Certificate Program

OUR SITES:



Plymouth State University, NH



Mirasol Recovery Centers
Tucson, Arizona

FOR MORE INFORMATION

ABOUT THE EATING DISORDERS INSTITUTE CERTIFICATE PROGRAM:

Program Director:

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Welcome to the beginning of an exciting, rewarding career specializing in eating disorders.

The Eating Disorders Institute Graduate Certificate program at Plymouth State University offers a 15 credit program for graduate credit for professionals in N.H. or at our host partner, Mirasol Recovery Centers in Arizona.

The M.Ed. in Health Education or a Certificate of Advanced Graduate Studies (CAGS) with a focus on eating disorders is also offered.

PSU's eating disorders courses provide professionals with research-based tools, techniques and strategies to use in medical treatment, mental health counseling, nutrition counseling or education and outreach work.

A series of four 3-credit graduate courses are offered in an intensive 3-day residential format with an online component plus a 120 hour capstone experience in eating disorders.

The program is designed to meet the needs of health and mental health professionals, dietitians, school professionals and others across the country with an interest in this unique specialization. It is also for those interested in becoming a Certified Eating Disorders Specialist in behavioral health, nutrition, or nursing.

There are only two graduate programs in the country offering this program and PSU's program is the oldest and most comprehensive.

Eating Disorders Institute Graduate Certificate Program

Required Courses:

	Credits:
HL 5150 Eating Disorders Clinical	3
HL 5160 Eating Disorders: Awareness, Prevention, and Education	3
HL 5190 Medical and Physiological Aspects of Eating Disorders	3
HL 5180 Nutrition: Education and Counseling	3
HL 5170 Treatment Modalities for Eating Disorders	3

Total EDI Certificate: 15

*HL 5160 is a prerequisite

The EDI certificate can be completed in approximately one to two years.

Benefits:

- ◆ Members of the faculty have 100 years of combined experience in the eating disorders field
- ◆ Easily blended with graduate degree programs or CEU program
- ◆ Low residence schedule to accommodate working professionals and out-of-state students
- ◆ Capstone personalized in the clinical or education/outreach area to meet student's interests and needs
- ◆ Approved site to offer the core eating disorders curriculum that satisfies the International Association of Eating Disorders Professionals (IAED) requirement for future certification



"There are very few training opportunities for professionals seeking specialization in the treatment of Eating Disorders. The Eating Disorders Institute (EDI) offers a unique, multidisciplinary training program. I hope this becomes a model program that other universities will adopt."

-Craig Johnson, a renowned eating disorders expert, Chief Clinical Officer of the Eating Recovery Center

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