

**North Country Health Consortium
Board of Directors Meeting Minutes
December 14, 2012
8:30 a.m. – 10:30 a.m.**

Present: Roxie Severance, Jane MacKay, Ed Shanshala, Sharon Beaty, Nancy Bishop, Elaine Bussey, Rob Darling, Alisa Druzba, Rosemary Orgren, Maria Ryan, Margo Sullivan, Warren West, Adele Woods,

Absent: Tony Poekert, Charlie White, Scott Howe, Russ Keene, Lucille Tremblay

Guest: Michelle McEwen

Staff: Nancy Frank, Colleen Gingue

Consent Agenda

The consent agenda included:

- November 13, 2012 board meeting minutes
- October 2012 Financials
- Executive Director's Update

Adele Woods made a motion to approve the consent agenda; Sharon Beaty seconded the motion. Motion passed.

Molar Express Update

The Molar Express Truck has a potential buyer with a tentative offer of \$5500. The truck will not be sold until the logos on the side are painted over. The logos will be put on a magnet for the van. A press release will also go out announcing the transition from the truck to the van.

Ed Shanshala made a motion to move forward with selling the truck; Sharon Beaty seconded the motion. Motion passed.

Berlin City in Berlin has donated 4 new studded winter tires for the van, which is fantastic and much appreciated. Photos and articles have been in the paper.

Grants Update

Claneil Foundation

NCHC submitted a letter of intent which was due December 1st for \$40,000 support to create a "STEM Stars" health career experience as a bridge program for 9th graders who have participated in our health career camps. If we are invited to write a full proposal it will be due March 1, 2013.

Ed Shanshala made a motion to approve writing the proposal if invited; Nancy Bishop seconded the motion. Motion passed

HNH Foundation

NCHC submitted a letter of intent which was due today, December 14, 2012. The proposal is for \$50,000 for three years to create a training program to implement the 5-2-1-0 Healthy Kids Countdown initiative for early childhood care and education providers for children. The program would be in collaboration with the HEAL (Healthy Eating Active Living) program in Berlin. If invited to apply the application would be due April 14, 2013.

Ed Shanshala made a motion to approve writing the proposal if invited; Alisa Druzba seconded the motion. Motion passed.

Public Health Network/Regional Prevention Network Upcoming RFP

Alisa Druzba excused herself from the following discussion:

It is anticipated that the combined state contract RFP will be released in January. The regions have been combined: public health networks transitioning from 14 to 13; regional prevention networks from 10 to 13. NCHC is exploring the option of collaborating/contracting with Carroll County to develop a regional prevention network in the area. It is a region that has only had a public health network.

Women's Health Conference

NCHC received a \$5000 grant from the federal Office on Women's Health to plan and implement a women's health conference. Littleton Regional Hospital, which has hosted a women's health conference for a number of years invited us to collaborate on the conference. There will be a new educational session track that will be focused on clinical aspects of women's health and will target health care professionals. The conference is May 13, 2013 at the Omni Mount Washington Hotel.

Tdap/Flu Shot Clinics

NCHC is collaborating with the NH Department of Health and Human Services, the NH Immunization Program, and Ammonoosuc Community Health Services to conduct five Tdap (pertussis)/Flu Shot Clinics in Littleton, Warren, Woodsville, Whitefield, and Franconia.

Executive Session

At 9:00 Adele Woods made a motion to go into Executive Session; Sharon Beaty seconded the motion. Motion passed. Nancy Frank, Colleen Gingue, and Michelle McEwen left the room. 9:15 a.m. out of Executive Session.

North Country ACO Facilitated Discussion

Ed Shanshala facilitated the ACO discussion. The results of the ACO survey was shared that most meeting participants had completed. Ed explained that the North Country ACO is based on the patient-centered medical home model that integrates and coordinates care by supporting investments in health information technology, management tools, and care coordination activities. The ACO will provide better care for individuals by determining individual patient needs and priorities and providing primary, preventive, and chronic condition care that is personalized for each patient. The focus of the ACO is consistent with the CMS triple aim to provide better care for individuals, better care for the population, and to lower growth in expenditures. It is the North Country ACO's intent to spread the triple aim concept across the other partner organizations within the ACO, to improve transitions of care with our collaborating critical access hospitals, home health & hospice, and skilled nursing facilities.

Comments from the group:

- Each health center is doing something different with the money to reach the same goals
- Patient navigators are used to transitions of care
- Home health should be more involved in the transitions of care including medication reconciliation

- How can we impact emergency room visits?
- Some communities work better together than others; we should learn from each other
- Human services feels unwelcome by the process; the goal of the ACO should be to look to other providers who are eager to partner
- The process has been very challenging from CMS who specifically do not include behavioral health or oral health
- Hospitals need to know more about what the ACO is doing
- Each member of the group should put together a description of what we do, who we are, and how we can connect
- Why are each of us at the table?
- We should be focused on the system of health care in the North Country; we need to communicate; share best practices; share information about the Medicare population
The ACO was created under NCHC so we could create a system – it is why the Consortium was initially established
- We should hear from each site and what they are doing at each meeting – “State of the ACO”
- We need a template for each organization to complete that describes what they are doing and how others can work together
- We need to take blame out of the culture

ACTION ITEMS:

- Roxie Severance and Alisa Druzba volunteered to work on a template for each organization to complete.
- January meeting will include ACO update and partner contact information

Elaine Bussey made a motion to adjourn; Margo Sullivan seconded the motion; Meeting adjourned at 10:25 a.m.

Next Meeting: January 11, 2013, 8:30 a.m. – 10:30 a.m., Littleton, NH

