

Two Day Training For Middle and High School Professionals

Date: April 15th—16th Location: AMC Highland Center, Bretton Woods, NH Registration Cost: Free Lodging Available for Two-Day Attendees!



Day 1 (Monday 4/15)- Project Venture*:

*(Will constitute Day 2 for January attendees)

Project Venture is an outdoor experiential youth development program designed primarily for middle school students. It aims to develop the social and emotional competence that facilitates youths' resistance to alcohol, tobacco, and other drug use.

Objectives: By the end of the training, participants will have learned:

- About the core components of Project Venture;
- Learn strategies for implementation;
- Discuss fidelity as related to implementation:
- Be introduced to experiential education, outdoor education and service learning as related to the Project Venture model;
- Participate in and learn about culturally relevant programming.
- Experience an evidence-based approach to group development;
- Learn how Project Venture is being implemented at other sites;
- Explore the implementation readiness of your community.

<u>Presenter:</u> Sean O'Brien currently serves as the North Country's Prevention Youth Council (PYC) Coordinator. As well as being a focal point for youth-focused prevention activities in the North Country Region, Mr. O'Brien has been through two 'Communities Mobilizing for Change on Alcohol' trainings with the Youth Leadership Institute and is a Certified Trainer of Project Venture.

Day 2 (Tuesday 4/16)- An Experiential Approach to Bullying & Conflict Resolution:

An Experiential Approach to Bullying & Conflict Resolution is a one day workshop that will help you apply adventure education learning techniques to the challenges of bullying and other anti-social behaviors. We'll share program ideas and specific activities that can be effectively integrated into any classroom setting using an activity-based approach for teaching social skills.

Objectives: By the end of the training, participants will have learned:

- How to adapt adventure education activities to be effective learning tools to address bullying and other challenging social behaviors;
- How to establish group norms that support and encourage a positive classroom environment;
- Ways to evaluate and measure the effectiveness of your program's goals;
- Successful methods for engaging students in a fun and productive manner to address challenging social topics;
- Methods for incorporating appropriate activities into an existing bullying program curriculum.

<u>Presenter:</u> High 5 Adventure Learning Center out of Brattleboro, Vermont is a non-profit educational organization dedicated to helping individuals, teams, schools and communities use experiential education as an effective tool for achieving their goals. High 5 Adventure was founded by a team of individuals who share a lifelong commitment to adventure education. Their seasoned staff is highly regarded by experts throughout the adventure field for delivering top quality programs and services.







