



Granite Youth Conference

APRIL 21, 2022
11 am - 12 pm

Let's talk it **UP** ...

A NORTH COUNTRY YOUTH FACILITATED
FREE LIVESTREAM!
Experience for 6-12 graders

Mental health



Diversity



Inclusion



- Nationally renowned teen motivational speaker **Jeff Yalden** will speak directly to North Country students about their mental health, how important it is to talk about it, and take action
- Youth panel discussion hosted by White Mountains Regional High School Senior, **Grace Frink**



Jeff Yalden

Show **UP** and click: phlume.stream.com/up22

Look up **UP** on Instagram LIVE: **@NHUPCON**

For more information:
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Promoting Prevention and Recovery