



# Transcending Crisis & Trauma: How Meaning-Making Facilitates Healing

## PROFESSIONAL DEVELOPMENT OPPORTUNITY

**April 28th**  
**9am-12pm**

Virtual  
Presentation by  
**Cassie Yakeley,**  
**Psy.D**

**Earn 1.0 continuing  
education credits**

For more information  
on CEUs, contact  
Laura Remick at  
[lremick@NCHCNH.org](mailto:lremick@NCHCNH.org)

Stress and adversity are part of the human condition and thus cannot be avoided. However, the sense we make of those experiences is critical to growth and healing. **Participants will be introduced to the “trauma-responsive framework” (TRF)** as a powerful method for making meaning of traumatizing events (or more broadly any experience in our lives) such as the current pandemic.

During the webinar an example of using the TRF to make sense of the pandemic will be presented and the three part process of:

1. Describing someone’s experiences as they are related to what we observe in their behavior.
2. Normalizing the stress response or trauma impacts that are anticipated in the behavior we are observing.
3. Conveying a sense of safety, connection, and hope for their future.

*Human service workers, and other support providers including those working with women and their families to have a better understanding of what trauma is and how it can affect prevention, treatment, and recovery of SUD.*

## ABOUT THE PRESENTER

With over 25 years as a mental health clinician, Cassie Yackley, Psy.D. is committed to understanding and addressing the impact of trauma on children, families, and systems by bringing together discoveries from neuroscience, attachment and implementation science to help professionals learn how reflective practice leads to better working environments and outcomes for those they serve. Dr. Yackley is now a master trainer and content expert and her company, Cassie Yackley, Psy.D., PLLC, was formed in 2016 to meet the need for training and consultation in trauma responsive practices and foster compassion, reflection, and community in others so that, together, we can build a more connected hopeful society.

Free and Easy  
Online Registration

<https://nchcnh.info/L2L-TranscendingTrauma>

Questions? Contact Rikki Chapman at [rchapman@nchcnh.org](mailto:rchapman@nchcnh.org)



This program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number G26RH40089 as part of a financial assistance award totaling \$499,656 with 100% funded by HRSA/HHS and \$0 amount and 0% funded by nongovernment sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA/HHS, or the U.S. Government.