North Country *Recovery Coach* Academy

Learn how to coach

your peers in recovery

AUGUST 10 thru 28, 2020
10am-12pm - live on Zoom
Mon., Wed., & Fri. each week

YOU'LL LEARN HOW TO:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Describe the stages of change and its applications
- Build skills to enhance relationships
- Increase awareness of culture, power and privilege
- Address ethical and boundary issues
- Experience recovery wellness planning
- Understand the stages of recovery
- Practice newly acquired skills

Interactive LIVE video
sessions 3x per week & independent work, peer discussion on our web-based platform!

Hosted by:

North Country HEALTH CONSORTIUM

NCHCNH.org

Wellness And Recovery Model

REGISTER TODAY: https://bit.ly/RCA-Aug2020

If you have any questions, including information about scholarships, contact Jenn Goulet: jgoulet@NCHCNH.org or (603)991-0330

Cost: ~~$150~~ **$100** per person*

***Due to Federal support, NCHC is able to offer a subsidized registration fee for participants:**

***Scholarships available, see registration link for details**

CCAR CONNECTICUT COMMUNITY FOR ADDICTION RECOVERY

This course is pre-approved for 30CEs by the Connecticut Certification Board. NH Board of Alcohol and other Drug Abuse Counselors Professional Practice Categories of Competence: 4, 5, 7, 12, 13, 15 & 18.   Performance Domains IV & V Peer Recovery Domains I,II,III, & IV. CRSW: Ethics (4 hours), Performance Domains 1-4, LADC/MLADC Categories of Competence: 18 This workshop meets the CPS Educational Domains: 6