

Please join us for:

LGBTQ+ Practical Allyship 101

Presented by: Seacoast Outright's Cultural Proficiency Team



Virtual event Friday April 21, 2023 from 10:00 am -11:30 am

Learning Objectives:

- Recognize the role of discrimination on negative mental health outcomes and the importance of practicing allyship
- Create shared language by increasing knowledge of foundational concepts relevant to the LGBTQ+ community. Topics include:
 - Intersectional identities
 - Breaking down the binary, gender identity, gender expression, and sexual/romantic orientation
- Learn strategies to act as an ally to LGBTQ+ clients and coworkers. Topics include:
 - Dos and don'ts when someone "comes out"
 - Recognizing stereotypes
 - The why/how of pronouns
 - Further action steps

Register here: <https://nchcnh.info/LGBTQAlly101>

There are no registration fees for this event.

The event is brought to community members by the following: