Motivational Interviewing Training
with Becky McEnany, MA
member of The Motivational Interviewing Network of Trainers
262 Cottage St. Suite 230, Littleton, NH ~ NCHC Conference Room

Do You...
work with people who are struggling to make life changes-- quitting smoking, changing their diets, increase exercise, etc.?

Motivational Interviewing (MI) is an evidence-based, goal-oriented style of communication designed to strengthen a person’s own motivation and commitment to change.

Learn:
- The benefits of using MI to support behavior change
- MI skills, strategies, processes & tools

Practice:
- The use of MI skills & tools
- Responding to change & sustain talk

Understand:
- The basic principles of MI
- How & when MI is most helpful

October
3 & 4, 2019
Both Days Required
9am-4pm each day

Space is Limited~ Register Today!
$150 for the two-day training (lunch on own)
For more information or to help register, contact ashum@NCHCNH.org

Special pricing for IDN 7 partners**
Contact Kailene Jones for an IDN 7 Partner special registration code, $50 for both days. kjones@nchcnh.org or (603) 259-3700 x 211
IDN 7 Training & Technology funds cannot be used to cover the registration costs for this event.

Nursing: North Country Health Consortium/NNH AHEC is an Approved Provider of continuing nursing education by the Northeast Multistate Division, an accredited Approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity was approved for 12 Nursing Contact Hours. Activity #436.

Medical: The North Country Health Consortium/NNH AHEC, accredited by the NH Medical Society, designates this live activity for a maximum of 12 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work: This program has been approved for 12.0 Category I Continuing Education Credits by the National Association of Social Workers, NH Chapter. CEU # 3352

For LADC: This training has been approved by the NH Board of Licensing for Alcohol and Other Drug Use Professionals in the Categories of: 7- Therapeutic Relationship and 11- Verbal Communication for 12 hours

CPS credits: This program has been approved by the New Hampshire Prevention Certification Board for 12 Continuing Education Units (CEUs) in the CPS Domains of: Communication, Community Organization, and Professional Growth & Responsibility.

North Country Health Consortium
Leading innovative collaboration to improve the health status of Northern New Hampshire.
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