

# Learn to Better Support our NH Families

## 3-Part Mini Conference!

Enjoy three mornings of professional development, motivation, exposure, access to resources, and networking!

### Session 1: Thursday April 20

8:30am-12:30pm

- ▶ Self Examination of Bias
- ▶ Cultural Impact on Values and Beliefs
- ▶ Professional Boundaries
- ▶ Ethical Challenges
- ▶ Problem Solving
- ▶ Critical Thinking

### Session 2: Tuesday May 2

8:30am-12:30pm

- ▶ Key Concepts of Strength-Based Care
- ▶ Self Awareness-Examine Your Assumptions
- ▶ Client Ambivalence: An Opportunity to Explore
- ▶ Switch the Frame from Negative to Neutral

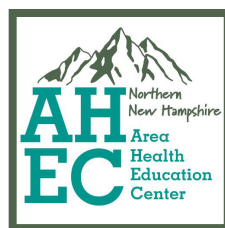
### Session 3: Thursday June 8

8:30am-12:30pm

- ▶ Equity and Equality
- ▶ The impact of social determinants of health
- ▶ Gender Identity with the Gender Unicorn
- ▶ The BIG Digital Divide
- ▶ Why We Need Self Care

**SIGN UP ONCE; JOIN US FOR AS MANY AS YOU CAN!**

<https://nchcnh.info/SupportNHFamilies-Workshop>



### QUESTIONS?

Contact Amber Culver

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