

Learn to Better Support our NH Families

To help support the development of our youngest residents, we are offering various **free virtual trainings to teachers and agencies** to learn – or build on your interpersonal communication skills with families and other professionals.

This year's trainings will include Adverse Childhood Experiences (ACES), Motivational Interviewing (MI), Managing Compassion Fatigue, and a 3-Part Mini Conference.

final workshop:

Motivational Interviewing

A Taste of M.I.

A Free Workshop for Early Childhood Educators

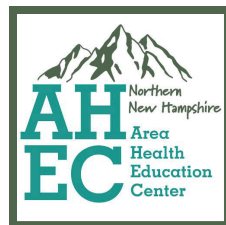
PRESENTED BY Caitlin K. Barthelmes, MPH, Member of MINT (Motivational Interviewing Network of Trainers)

TUESDAY, JUNE 6, 9:00AM-NOON

Motivational Interviewing (MI) is a collaborative communication style that has broad application for navigating relationships, supporting change, and empowering those around you. Join us for a “taste” of the basic principles of MI and how it can be applied to your role in early education in this **highly interactive virtual workshop**.

Participants will:

- ▶ Discuss key components of an MI approach (compassion, collaboration, empowerment, and acceptance)
- ▶ Practice having a discussion utilizing MI skills
- ▶ Observe and debrief case studies and demonstrations



REGISTER TODAY:

https://nchcnh.info/TasteofMI_SupportNHFamilies

QUESTIONS? Contact Amber Culver at 603-259-4804 or ACulver@NCHCNH.org



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