



# Working with Women:

*The role of trauma-informed care approaches*

March 3rd (Thursday), 12-1pm



**REGISTER NOW!**

<https://nchcnh.info/L2L-TraumaInformed>

### COURSE DESCRIPTION:

The effects of trauma often leave many blaming themselves for what is not working, compounding feelings of shame, fear, and helplessness. Learn the impacts of trauma on women who use substances and how trauma-informed approaches create a sense of safety and trust in interactions with patients and clients.

This is a virtual live presentation via Zoom and will be in a Lunch and Learn format, with opportunity for questions and answers/discussion.

*This course is designed for anyone who provides services to women who may be at risk for or living with Substance Use Disorder (SUD) and/ or Neonatal Abstinence Syndrome in the North Country.*

Dr. Erin Miers



### ABOUT THE PRESENTER:

Dr. Erin Miers is a clinical psychologist who has been with the Dartmouth-Hitchcock HIV Program since 2017. She obtained her PsyD in 2015 from California School of Professional Psychology and has been trained in a variety of trauma-focused therapies, including: Dialectical Behavioral Therapy, Acceptance and Commitment Therapy, and EMDR. Her research interests include, the intersectionality of gender identity and autism spectrum disorder, the impact of stigma and discrimination of people living with HIV, and the impact of burnout on mental health care providers.

# CEUs

**1.0 Continuing Education Credits (CE) Available**

For information about CEUs, contact Laura Remick [lremick@nchcnh.org](mailto:lremick@nchcnh.org).

For event information, contact Rikki Chapman [rchapman@nchcnh.org](mailto:rchapman@nchcnh.org).

