

SIGN UP TODAY!



Leading innovative collaboration to improve
the health status of Northern New Hampshire

NCHCNH.org



Integrated
Delivery
NETWORK



Mental Health First Aid

Join the movement.

Sometimes first aid isn't
a bandage, or CPR or
calling 911. Sometimes,
first aid is YOU

Choose One!
June 5th or 19th
8:30am-5:30pm

A person you know could be
experiencing a mental health
or substance use problem.

You are more likely to encounter
someone in an emotional or
mental crisis than someone having
a heart attack. Learn how to help a
friend, family member, coworker
or neighbor in need. Get trained in
Mental Health First Aid.



Take a course. Save a life.
Strengthen your community.

Location:

Huggins Hospital:
Medical Arts
Education Center
Granite Room
240 South Main St.
Wolfeboro, NH

Register at:

<http://bit.ly/HugginsMHFA>

For more

information, contact:

Kailene Laundry
klaundry@nchcnh.org

Continuing Education:

Nurses:

North Country Health Consortium/
NNH AHEC is an Approved Provid-
er of continuing nursing educa-
tion by the Northeast Multistate
Division, an accredited Approver
by the American Nurses Creden-
tialing Center's Commission on
Accreditation.

Providers:

The North Country Health Consor-
tium/NNH AHEC is accredited by
the NH Medical Society to provide
continuing medical education for
physicians. The North Country
Health Consortium/NNH AHEC
designates this live activity for a
maximum of 8 AMA PRA Category
1 Credit(s)[™]. Physicians should
claim only the credit commensu-
rate with the extent of their partici-
pation in the activity.

For more information, visit www.MentalHealthFirstAid.org