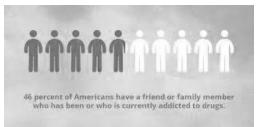
## **Healthy Living Seminars**

A series of workshops brought to you by All Saints' Episcopal Church & The Littleton Community Center



## Addiction Hurts





Please join us for this important seminar if you are experiencing a substance use disorder, if you are a family or friend of someone who needs help, if you are a professional who could pass valuable information on to others or a representative of the people who would like to learn more about the scope of the problem and possible solutions.

## ☑ Saturday, August 3, 2019 10:00 – 11:30

## Addiction Hurts: Resources for People & Families Struggling with Drug & Alcohol Dependency A 90-minute panel discussion with questions and answers

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Panel Members: Karen Moore, OTR – Moderator / Angel Smith, Team Leader, Peer Support Center / Heidi Ballentine, WARM (Wellness and Recovery Model) Program at North Country Health Consortium / Matt Buteau, Recovery and Prevention Specialist, Don Monahan, US Navy Veteran, 34 years sober, lost two sons to the opioid crisis, becoming a drug and alcohol councilor

> All Saints' Episcopal Church, 35 School Street, Littleton, NH 603-444-3414 www.allsts.org