

Learn to Better Support our NH Families

To help support the development of our youngest residents, we are offering various **free virtual trainings to teachers and agencies** to learn – or build on your interpersonal communication skills with families and other professionals.

This year's trainings will include Adverse Childhood Experiences (ACES), Motivational Interviewing (MI), Managing Compassion Fatigue, and a 3-Part Mini Conference.

up next:

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NOT Too Tired to Care

How will you know when you've had "too much"? Lessons learned from lived experience. No nonsense heartfelt solutions. Validated by science.

FREE WORKSHOP presented by Angela T. Jones, MS, LCMHC, MLADC, LCS, RYT, Author of NOT Too Tired to Care

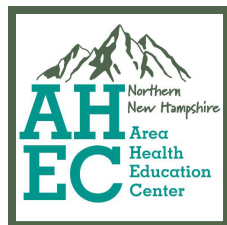
TUESDAY, MARCH 21 or APRIL 18, 9:30-11:30am

During these challenging times, compassion fatigue is taking a toll, especially on teachers, healthcare, and social service workers. They are burned out and NOT talking about it for fear of losing their jobs.

In this workshop, you can expect...

These workshops offer hope – and solutions – for deepening the personal, individual, and organizational capacity necessary for sustaining the long haul.

Each participant will receive an electronic copy of the book written by the presenter plus an action guide.



[CLICK HERE FOR INFORMATION ABOUT CONTINUING EDUCATION CREDITS](#)

REGISTER TODAY: https://nchcnh.info/NOTtooTired_SupportingNHfamilies

QUESTIONS? Contact Amber Culver at 603-259-4804 or ACulver@NCHCNH.org



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