Integrated Dual Disorders Treatment (IDDT)

An Evidenced Based Model for treating Co-Occurring Severe Mental Illness and Substance Use Disorder

GNMHC 2018
Integrated Dual Disorders Treatment

- Outcomes of co-occurring disorders
- Intensive integrated treatment for individuals with severe and persistent mental illnesses and substance use disorders
- IDDT team
  - Transdisciplinary
  - Size and client ratio
  - Roles
Integrated Dual Disorders Treatment (cont.)

- Treatment approach and factors for recovery
  - Integration of mental health and substance abuse treatment
  - Stage-wise interventions
  - Assertive outreach
  - Motivational counseling
  - Comprehensive services

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Jane’s Story: The Journey of an IDDT Client

- Female
- 49 year old
- Divorced
- Family dynamics
- Unemployed
- Co-occurring disorders
Jane’s Success

- Past treatments
- Transfer to the integrated dual disorders treatment team
- Roles of team members and treatment approach
- Coordination of care with other service providers in the community
- Reaching sobriety
- Positive outcomes