CHOICES FOR FAMILIES
A PROGRAM OF REGION 2 IDN
Enhanced Care Coordination objective

• Engage families who are pregnant and parenting very young children in services that will help to mitigate these children’s exposure to multiple adverse childhood experiences and result in more positive health outcomes.
Protective Factors Framework

- parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need and social and emotional competence of children
In the beginning

• Target Populations
  – Children under age 6
  – Families with histories of trauma, substance use, serious emotional disturbance
  – Pregnant Women receiving Medication Assisted treatment (Buprenorphine)

• Partnerships
  – NAMI
  – Concord Obgyn
  – Dartmouth Hitchcock Obgyn (concord office)
  – Riverbend Children’s Mental Health Program
  – UNH Institute on Disabilities
  – Concord State Hospital
## Getting started

<table>
<thead>
<tr>
<th>Questions</th>
<th>Answers</th>
</tr>
</thead>
<tbody>
<tr>
<td>- How many families can we serve?</td>
<td>- 10 per year</td>
</tr>
<tr>
<td>- How will we get referrals?</td>
<td>- Develop close Partnerships with referring agents</td>
</tr>
<tr>
<td>- What if a family doesn’t want or get to Wrap Around?</td>
<td>- Defining and redefining outcomes becomes part of the process.</td>
</tr>
</tbody>
</table>
ANTICIPATED OUTCOMES

• Normal Birth weights and full gestation
• Connection to concrete supports
• Safe plans for babies discharging from hospital
• Connect families to the supports they need
• Improved Parenting Capabilities as demonstrated in protective factors survey.
• Support and sustain recovery
• Early identification of developmental delays
• Total anticipated families served; 10
CHALLENGES WITH CLIENTS

Engagement
Housing Instability
Legal issues
Understanding sobriety
Domestic Violence
Poverty
Multi-generational DCYF involvement
System burnout
Including fathers

“I'd invite you in, but my life's a mess.”
Geographic challenges

• Narrowing our scope to develop referrals (PAT/MAT involved) led to a new discovery....families involved in MAT in Concord lived in various parts of the state.

• This has changed over time as more MAT providers have come on board.
Approach

• NH Wrap Around/Care Coordination Model
  – Evidenced Based for families with school age children
  – Team includes Coordinator and NAMI(family support specialist)
  – Established training and coaching support from UNH IOD
  – Offers families a different experience in care management that is driven by their family vision
  – Includes access to Flexible funds
Model challenges

• Researching national models that use wrap around for pregnant and parenting families with substance use disorders.

• Working with UNH to develop a model that is targeted to younger children (even infants) while maintaining fidelity.
System Challenges

• Transition from PAT to MAT
• Housing issues for families with criminal histories and low employment
• Working with DCYF
• Working with Maternity
Adapting

- Developing our identity as a program
- Focusing on our understanding of each other’s roles and responsibilities
- Understanding individual client’s journey of recovery
- Adding parent education and support groups
- Adding collaborations with Family Center at Concord Hospital
- Considering use of recovery support specialist
- Bringing our services under one roof?
A family struggling to survive

Hello

• Stabilization
• Getting to know a family’s story through their timeline
• Helping them identify their strengths and needs
• Identifying a vision based on these strengths and needs
• Pulling together a team to support attainment of the family vision

An example of Needs

Emily's Need Statements

* I need to know that I am not alone.
* I need to feel secure in our finances.
* I need to know that I can parent both children successfully.
Family Vision

Family Vision.

To be living close to family and friends while feeling safe and able to have fun in our community together with each other.

Family Vision

To be financially stable and provide a secure, safe, and happy place to live happily with Lilly.
OUTCOMES

Total referrals 38

- Wrap Around in process 11
- connected and closed 7
- engaged but dropped out 4

Current caseload 11
- 5 who have given birth
- 5 who retained custody
- 5 working full time
- 7 living independently
- 1 DCYF involved
WHERE DO WE GO FROM HERE?

FUNDING OPPORTUNITIES
MEDICAID
PRIVATE INSURANCE
GRANTS

EXPANDING
OUR STAFF
OUR TARGET POPULATION
PRISON REENTRY

CELEBRATING SUCCESS
• DOCUMENTING MEANINGFUL OUTCOMES