

911- Ambulance and police

NH Statewide Alcohol and Addiction Crisis Hotline 1-844-711-HELP (4357)

National Suicide Prevention Hotline 1-800-273-TALK (8255) - Veterans press 1

Northern Human Services offers 24/7 emergency services. Call your local mental health center office:

White Mountain Mental Health - Littleton, Lancaster, Woodsville area: 444-5358

The Mental Health Center, Berlin - Berlin, Gorham area: 752-7404

The Mental Health Center, Colebrook - Colebrook, Groveton area: 237-4955

The Mental Health Center, Conway - Conway area: 447-2111

The Mental Health Center, Wolfeboro - Wolfeboro, Ossipee, Wakefield area: 569-1884