"Volunteers don't get paid. Not because they're worthless, but because they're priceless." - Sherry Anderson

## Health Care Workers/First Responders Stressed Out? Need to Talk? We Can Help

## We are:

- Trained Crisis Counselors/Support People
- Confidential
   We will not request identifying information other than your
   first name and town unless safety is an issue of concern
- Available 7 am to 9 pm DAILY
- Here for you

## **Just Call:**

(603) 892-8924

(603) 892-8086

(603) 892-8504