

# CCAR Recovery Coach Academy

Learn how to coach  
your peers in recovery



## 4-Day Training

SEPTEMBER 13-14  
SEPTEMBER 27-28  
8:15AM-5:15PM  
Each Day

## LOCATION

262 Cottage St.  
Suite 230, Littleton  
North Country  
Health Consortium  
Conference Room

## REGISTER TODAY!

<http://bit.ly/PRC-IDN7>

Questions?  
Call Kailene Laundry  
(603) 259-3700 x211

## YOU'LL BE ABLE TO:

- Describe Recovery Coach role and functions
- List the components, core values and guiding principles of recovery
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Describe the stages of change and its applications
- Build skills to enhance relationships
- Increase awareness of culture, power and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Understand the stages of recovery
- Practice newly acquired skills



This course is pre-approved for 30CEs by the Connecticut Certification Board. NH Board of Alcohol and other Drug Abuse Counselors Professional Practice Categories of Competence: 4, 5, 7, 12, 13, 15 & 18. Performance Domains IV & V Peer Recovery Domains I,II,III, & IV. CRSW: Ethics (4 hours), Performance Domains 1-4, LADC/MLADC Categories of

Competence: 18 This workshop meets the CPS Educational Domains: 6

Leading innovative collaboration to improve  
the health status of Northern New Hampshire.

603-259-3700 | [NCHCNH.org](http://NCHCNH.org)