



APRIL 13, 2022 @ 6:00PM
Rialto Theater- Main St. Lancaster, NH

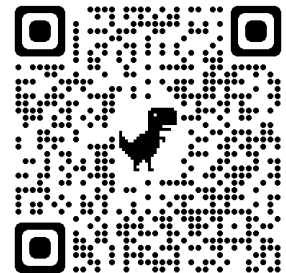
****Admission is FREE and includes popcorn, drink and a post-film panel discussion****

Angst, Raising Awareness around Anxiety

Life can be stressful; academic and social pressures, global uncertainty and fears of the past few years have brought many of us more anxiety than before.

Angst is a film-based education program designed to raise awareness around anxiety, with an emphasis on youth and families. The film includes interviews with kids, teens, experts, and parents. Our goal is to help people identify and understand the symptoms of anxiety and encourage them to reach out for help. www.angstmovie.com

*"I never knew that what I was experiencing was severe anxiety.
I'm so grateful to know that there is treatment."
18 year old college student - Seattle, WA*



HOSTED IN PARTNERSHIP WITH WMRS D & FAMILY RESOURCE CENTER

