



North Country Alternative Therapy Resource List

Berlin/Gorham Area

Quantum Tones Healing, Eric Breault

Reiki, Sound, and Angelic Healing, Psychic, Astrologist

(603) 728-5886

quantumtones@gmail.com

55 Maynesboro Street, Berlin and 103 Cottage Street, Littleton

Ubuntu Healing, LLC Hypnotherapy

(603)752-4992

305 Coos St., Berlin

Coos County Chiropractic Chiropractic Services

(603) 752-2310

15 Exchange Street, Berlin

Riverside Wellness Center, PLLC Chiropractic Services

(603) 752-7727

630 Main Street, Berlin Gorham Rd., Gorham

<http://www.rwcchiro.com/>

Peak Health, Karen Bradley, ATC., LMT., CBSI KMI

Structural Therapy, Sports Medicine, Medical Massage, Myofacial Release, CranioSacral

(603) 466-3679

10 Exchange Street, Gorham

<https://peakhealth.biz/>



Northern Oasis Massage Therapy and Yoga

(603) 752-5907

leane@mynorthernoasis.com

55 Maynesboro Street, Berlin

www.northernoasis.biz

Osmosis Reflexology and Ionic Detox Footbath

(603) 723-1628

info@osmosisnh.com

176 Blanchard Street, Berlin

www.osmosisnh.com

North Woods Acupuncture, Mark Evans

(603) 752-3800

1831 Riverside Dr., Berlin



Colebrook Area

doTERRA, Lyn Cooper Aromatherapy

(603) 331-2648

landscooper@hotmail.com

North Country Muscular Therapy, Phil Freudenberger NH-LMT

Deep Tissue, Swedish, Trigger Point Massage and Reiki

(603) 728-9400

therapeutic-touch@hotmail.com

118 Main Street, Suite 4, Colebrook

Druke Chiropractic Clinic Stephen A. Druke, DC Chiropractic

(603) 237-5325

154 Main Street, Colebrook

Trinity Earth Spirit Universe, Sabrina McAllister

Psychic Medium, Tarot Readings, Energy Healing

(603) 326-8657

sabrina@sabrinamcallister.net

79 Main Street, Suit 2, N. Stratford

www.sabrinamcallister.net



Lancaster Area

Center for Acupuncture and Oriental Medicine, PLLC

Gary M. Rexford L.Ac., MSTOM, Dipl. OM.

Oriental Medicine, Acupuncture/Moxibustion, Chinese Herbology

(603) 631-0046

gary@centerforacupuncturenh.com

148 Main Street, Lancaster

<http://www.centerforacupuncturenh.com/>

Riverside Wellness Center, PLLC Chiropractic Services

(603) 788-2465

104 Main Street, Suite 1, Lancaster

<http://www.rwcchiro.com/>

Relax and Renew Bodyworks, Judi Scalley

Deep Tissue and Swedish Massage, Reflexology, Aromatherapy, Reiki, Tui-Na Acupressure

(603) 837-7044

105 Union Street, Ste 3, Whitefield

Karie Bennett Massage Therapy

Deep Tissue, Myofascial Release, Trigger Point, Cert. Infant Massage.

(603) 837-2258

Whitefield, NH

<http://onthewingsofhealing.massagetherapy.com/>



Littleton Area

Exhale Massage and Pilates, Colleen Higgins, BA, LMT

Alexander Technique, Reiki, and Reflexology

(603) 991-7499

colleenhiggins68@gmail.com

The Tannery Marketplace, 111 Saranac St. Suite 12, Littleton

www.exhalemassagepilates.com

Mountainside Wellness Center, Cyndee Baker, M.Ed, LMT, CH, CHC

Massage, Hypnosis, & Hypno Coaching

(603) 575-9075

255 Main Street, Littleton

<https://cyndeebaker.com>

For Wellness Sake, Pam Alberts

Massage Therapy, Reiki, Health & Wellness Coaching

(603) 616-9984

The Tannery Marketplace, 111 Saranac Street. Littleton

<https://www.pamalberts.massagetherapy.com>

Wellnes Renewed with Candace Foster

Holistic Health Coach Specializing in Digestive Health and Stress Management Techniques

(603) 444-2177

<https://www.wellnessrenewed4you.com/>

<https://www.facebook.com/wellnessrenewed4you/>



The Center for Collaborative Energies, Patricia Laurino-Center Manger
Healing Center that hosts classes in the healing arts and rents practice space to practitioners of various alternative modalities.

(603) 631-4384

Info@centerforcollaborativeenergies.com

103 Cottage Street, Littleton

<https://www.centerforcollaborativeenergies.com/>

Deep Earth Arts, Isaac Vars and Josh Simonds

Psychic Readings, Reiki, Metaphysical Apothecary

(603) 793-4447

care@deepeartharts.com

24 Porter Street, Littleton

www.deepeartharts.com

Thyme to Learn Wellness, LLC, Cindy Gadsby

Reiki, Crystal Healing, Meditation, Essential Oils

(603) 616-8827

cindy@thymetolearnwellness.com

www.thymetolearnwellness.com

Littleton Healing Arts Studio, Gina Formeister

Therapeutic Massage

(603) 991-9769

ginaformeister@gmail.com

74 Cottage Street, Littleton

<https://www.littletonhealingartsstudio.com>

Fresh Salon and Day Spa Massage Therapy

(603) 259-3400

111 Saranac St., Littleton

<http://freshsalonanddayspa.com/>



Christine Polito, Reiki Practitioner

(978) 491-9499

christinepolito@hotmail.com

103 Cottage Street, Littleton

Spiritual Pathways and Wellness, LLC, Patricia Laurino

Reiki/Polarity Practitioner, Psychic and Spiritual Medium

(603) 631-4384

spiritualpathwaysnh@gmail.com

103 Cottage Street, Littleton

<https://www.northcountryspiritualpathways.com/contact>

Kerri Harrington Acupuncture, Kerri Harrington, LAC Acupunture

603)348-5564

KERRIHARRINGTON@HOTMAIL.COM

32 Main Street, Suite 108, Littleton

<https://www.kerriharringtonlac.com/>

Eric Sidelinger, DC Chiropractic Services

(603) 444-6719

110 Cottage Street, Littleton

Mt. Peak Chiropractic Joni Gray, DC Chiropractic and Nutrition Services

(603) 616-9487

101 Cottage Street, Suite 7A, Littleton

<https://jonigraydc.com/>

Steven M. Walsh Chiropractic Services

(603) 444-9449

53 Meadow Street, Littleton



Purify from Within, Kellie Thinnes

Colonic Hydrotherapy, Deep Tissue, Kriya, Stone, and Esalen Massage
(603) 444-5240

ladyofthelake5555@yahoo.com

554 Union Street, Littleton

<http://www.purify-from-within.massagetherapy.com/>

Balance Bethlehem a Sat Nat Foundation Yoga Studio, Jaime Platts

Yoga, Healing Arts, Retreats, Workshops, and Events

(603) 869-2125

2087 Main Street, Bethlehem

<https://balancebethlehem.com>

MasterPeace Massage, Amy Delvanthal

Medical Massage Therapist, Hellerwork Myofacial,
Lymphatic, Gentle Massage, Hot Stones, Aroma Touch, and Reiki
(603) 869-5470

65 Lewis Lane, Bethlehem and 262 Main Street, Franconia.

Franconia Family Chiropractic, John Strasser, DC

Chiropractic Services

(603) 823-7428

262 Main Street, Franconia

John Tatone, DC Chiropractic Services

(603) 823-5533

155 Main Street, Franconia

<https://www.franconianhchiropractor.com/>



Haverhill Area

Thyme to Heal Herbals, Melanie Osborn

Medical Intuitive, Reiki, Therapeutic Herbalism

(603) 838-5599

thymetoheal01@yahoo.com

113 S. Main Street, Lisbon

<https://www.thymetohealherbals.com/>

On the Farm Yoga, Carolyn Smith

Yoga Classes, Workshops, Trainings

carolyn@onthefarmyoga.com

1863 Benton Road, N. Haverhill

<https://www.onthefarmyoga.com/>