



HEALTH Explorers CAMP!

Are you a middle school student?
Are you looking for a way to connect with other
students this summer and learn
how to be as healthy as you can be?

What is it?

For 5th thru 8th graders!

Middle schoolers will explore different ways to be our healthiest selves and, with local health experts, the science behind the topics, inc: Oral Health, Nutrition, Healthy Movement, Emotional Wellness, Emergency Preparedness, Better Things to do than Drugs, and more!

When & How?

Online This Summer!

Meets July 20, 22, 27, 29, Aug 3 & 5

Partnered with local health experts, each session campers will explore the science behind one of these topics and engage in a cool interactive activity. Campers will each receive a kit to participate in these activities in advance of the virtual camp.

Sign Up!

Space is limited!
Registration Deadline July 2nd

\$40 per student
(scholarships available - check out the online registration form)

<http://bit.ly/HealthExplorers2021>

Questions or need to register by telephone?
Laura Remick: lremick@nchcnh.org
(603) 259-3700 x219

