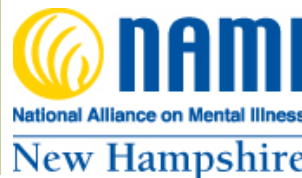


# Crisis Intervention Team: (CIT) Training



North Country  
HEALTH CONSORTIUM



**"Mental Health Awareness and De-escalation Training to Improve  
First Responder and Consumer Safety"**

**January 23-27, 2023  
8:30am-4:30pm each day**

**Grafton County Department of Corrections  
3787 Dartmouth College Hwy, N.Haverhill, NH**

## What is Crisis Intervention Team (CIT) Training?

CIT is a first responder model of crisis intervention training to help persons with mental disorders and/or addictions access medical treatment rather than placing them in the criminal justice system due to illness-related behaviors. The CIT model reduces stigma and provides a forum for effective problem solving regarding the interaction between the criminal justice and mental health care system, creating the context for sustainable change.

### Target Audience:

Police, Fire, and EMS Personnel,  
Peer Recovery Support Workers

## Topics Covered:

- Rights and Civil Commitment Laws, Mental Health and Drug Courts
- Disabilities
- Suicide Intervention
- Alzheimer's Disease & other forms of Dementia
- Borderline Personality Disorders
- PTS, Veterans, and Homeless People
- Psychopharmacology
- Child & Adolescent Mental Health Issues
- Substance Use and Co-occurring Disorders
- Cultural Issues, Resettlement Areas, and Approaching Mental Illness
- Introduction to Verbal Techniques
- Stages of Escalating Crisis
- Basic De-escalation and Intervention Strategies
- Advanced Verbal Techniques

## Virtual Field Trips:

- New Hampshire State Hospital
- State Prison
- Community Mental Health Center

**Register (FREE):**

**<https://nchcnh.info/CIT-Jan2023>**

For more information, contact Annette Carbonneau: [acarbonneau@NCHCNH.org](mailto:acarbonneau@NCHCNH.org)

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